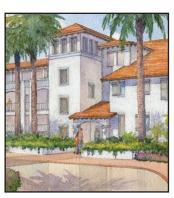


August 31, 2017Volume 47, No. 35

PonteVedraRecorder.com

Not your average newspaper, not your average reader



Development plans for Ocean House

Pages 3-4



Nease Animal Hospital opens

Pages 47-48



More sports
Pages 51-52



Photo courtesy of Chris and Jerry Norton

Ponte Vedra defeated Nease 24-13 on Aug. 25 in the Battle of the Bridge. The performance of Sharks senior Jarrett Stepp, however, may have been the main story of the night. Read more in our Football Preview on pages 17-40.



Serving Ponte Vedra and the Beaches since 1969





INSIDE

One of Us

Page 6

Calendar

Pages 10-11

Football Guide

Pages 17-40

Business Weekly

Pages 47-50



Susan Griffin

Publisher susan@opcfla.com (904) 686-3938

Jon Blauvelt

Interim Editor jonb@opcfla.com (904) 686-3939

Samantha Logue

Reporter samantha@opcfla.com (904) 686-3945

Rob Conwell

Circulation Manager rob@opcfla.com (904) 686-3936

Ed Johnson

Senior Account Executive ed@opcfla.com (904) 686-3940

Suzanne Kirby

Account Executive Suzanne@opcfla.com (904) 686-3941

Kristin Flanagan

Account Executive (904) 285-8831

April Snyder

Sales Assistant aprils@opcfla.com (904) 686-3937

Benjamin Naim

Intern recorderintern@opcfla.com (904) 686-3943

Paris Moulden

Page Designer/Reporter paris@opcfla.com

U.S.P.S. (705-300) Periodical Postage Paid at Ponte Vedra Beach, Fl. 32082 Postmaster: Send change of addresses to: Ponte Vedra Recorder, P.O. Box 501, Ponte Vedra Beach, Fl. 32004. (904) 285-8831 **Subscription Rates, Bulk Mail:** One year, \$35; six months, \$20. Rates not applicable in Canada or overseas. To subscribe, call Circulation Manager Rob Conwell at (904) 686-3936.

The Recorder is published every Thursday at 1102 A1A N., Unit 108 Ponte Vedra Beach, FL 32082

Send us your news

We welcome submissions of photos, stories, columns and letters to the editor. Let us know what's happening.

E-mail submissions to **pvrecorder@opcfla.com** or bring them by our office at **1102 A1A N.**, **Unit 108**, **Ponte Vedra Beach.**



Visit our website at www.pontevedrarecorder.com

Find the Recorder on Facebook at www.facebook.com/ThePVRecorder

Also, find us on Twitter @PonteVedraNews

WHAT'S THIS?



Do you know what this is?

Email your answer to jonb@opcfla.com by Tuesday at 5 p.m.

All correct entries will be entered into a random drawing to win tickets for two adults and two children to the Jacksonville Zoo. In order to allow as many families as possible to win, participants are only eligible to win a ticket prize pack once every four months.

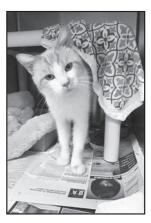
24 readers correctly identified last week's photo as Beach Diner. Good job, everyone! The winner of the random drawing was **Andrea Middlebrook**. Congratulations, Andrea – you may pick up your prize at the Recorder office during normal business hours.



ADOPT A PET

CAT OF THE WEEK

My name is Prince, and I am a 2-year-old male cat who was brought to the pet center as a stray. As this animal was a stray, there may be some traits that are unknown at this time. Come visit me today here at the pet center! #39288





DOG OF THE WEEK

My name is Billy, and I am a 1-year-old male dog who is looking for a new home. I was brought to the pet center as a stray. As this animal was a stray, there may be some traits that are unknown at this time. Come visit me today here at the pet center! #39500

Any new pets being introduced to a new home will need time to adjust to their new environment. Please reinforce house-training and behavioral training, and be mindful of interacting with other pets.

St. Johns County Pet Center

Cat adoptions at the St. Johns County Pet Center are \$30 for males and \$40 for females. Dog adoptions are \$45 for males and \$60 for females. Adoption fees include microchipping, neutering/spaying, rabies vaccinations and shots. The pet center is located at 130 N. Stratton Road, off U.S. 1 between County Road 210 and International Golf Parkway. Business hours are Tuesday through Friday 9 a.m. to 4:30 p.m. and Saturday 9 a.m. to 4 p.m. The center is closed to the public on Sunday. On Monday, the office is open by appointment only to claim a lost pet. For more information, please call the **St. Johns County Pet Center at (904) 209-6190**.

PUZZLE SOLUTIONS

A L	. 1		200	S		L	E	1			С	L	0	Р
L	L	1	٧	Е		Е	L	М		G	U	1	D	Е
	ľ	Ν	Е	N		Α	K	Α		Α	R	М	0	R
Р	Α	Т	R	Τ	С	K		G	1	L	В	Ε	R	Т
			S	0	Н		М	0	L	L				
\rightarrow	Υ	Р		R	1	Р	Е		L	1	G	Н	Т	S
· · ·	0	E	S		N	Е	Α	T		С	Α	1	R	0
	U	T	0		Α	N	N	U	М		G	L	E	N
-	R	1	M	E	_	N	1	P	A		Ε	L	A	N
Е	S	Τ	Α	Τ	E	NI	N	١	N	Α		S	Т	Υ
۸	C	т	Λ.	<u>H</u>	A	N	G	1.4	I A	S	M	N.A	г	т
\vdash	S U	T B	Α	-	R	E	D	M A	А	H	0	M	E P	T
-	E	A	R	S		D	R	N		E	S	S	E	E N
-	R	R	S	S		V	E	N		_ V	F	S	E	S
	11	11	J					14		,	_	0	_	
9		5	1	7	6		1	1	8	3		2	4	4
2		3	8	8	55		7	4	4	1		9	6	6
4	8	1	(6	ഗ		9	1	2	8		5	7	7
1		8	,	9	2	!	5	Ī	7	6		4	(3
6		7	1	2	4		3	!	9	5		1	8	3
5		4	(3	8		6	ŀ	1	9		7	2	2
3		2	4	4	9	١	8	!	5	7	3	6	1	1
7	WES	6	;	5	1	T	2	(3	4		8	(9
8	T	9	,	1	7	1	4	(6	2		3	1	5

Solutions correspond to last week's puzzles.



Celebrate
HISPANIC HERITAGE
AND CONSERVATION

SEPTEMBER 16, 2017

LATIN MUSIC AND FOOD
KIDS' ACTIVITIES
EDUCATION & MORE!

SAVE \$5 OFFGeneral Admission

visit jacksonvillezoo.org for coupon

JACKSONVILLE



PV2-LV41821

PVARC recommends approval of plans to replace Inn & Club's Ocean House with two 3-story buildings

By Jon Blauvelt

Despite public opposition, the Ponte Vedra Architectural Review Committee (PVARC) last week recommended unanimous approval of Ponte Vedra Corporation's (PVC) plans to tear down its existing Ocean House at the Ponte Vedra Inn & Club and replace it with two 3-story, 43-foot-tall buildings consisting of 41 luxury resort units.

The controversy? The Ponte Vedra Zoning District regulations limit structures to two stories and a maximum height of 35 feet, and several residents attending the meeting argued this height limit should be maintained for the Ocean House to preserve the character of Ponte Vedra.

"We don't want it to be another Atlantic Beach, another Miami," said resident Pasquale Colombo at the Aug. 23 meeting. "When we got here, every house on the boulevard was a Cape Cod cottage. Now look what has happened. It doesn't take much to transform what was once a very pleasant and small-town sort of atmosphere into a metropolis."

PVC, a subsidiary of Gate Petroleum, contends the additional height and story is needed to meet federal and state regulations regarding base flood elevation, and to accommodate the demand for ocean-front lodging in Ponte Vedra. The existing Ocean House is currently comprised of

OCEAN HOUSE continues on Page 4



Rendering courtesy of Ponte Vedra Corporation

Ponte Vedra Corporation's proposed Ocean House would feature two 3-story, 43-foot-tall buildings.





COLLECTION











Ocean Pond \$369,000

Nestled in a quiet cul-de-sac, this updated home boasts the charm of beach living at it's best. The interior has a large great room that connects to the kitchen and opens to the deck that overlooks a tranquil pond. MLS 898093

John Richardson 904.465.5110 JRichardson@WatsonRealtyCorp.com Barbara Hubbard 904.349.1864 BHubbard@WatsonRealtyCorp.com

Players Club \$369,900

Just minutes from TPC Sawgrass, restaurants, shopping and Ponte Vedra Beach, this beautiful home has been updated with granite countertops, wood floors and more. MLS 879894

Debra Dooney 904.373.0991 DebraDooney@WatsonRealtyCorp.com

Neptune Beach \$499,900

This classic Florida beach cottage duplex was built in 1938 and boasts all the charm of a vintage beach property with modern conveniences. Take a short walk or bike ride to the Beach, Jarboe Park or the Comer for shops, restaurants & entertainment MI S 888847

Diana Kelly 904.859.4368 DianaKelly@WatsonRealtyCorp.com

The Pointe at PVB \$560,000

Watch the sun rise over the 11th fairway while you enjoy a morning cup of coffee from the sunroom of this spectacular 3 bed, 2 bath condo. Take a stroll over the pedestrian bridge to the Ponte Vedra Inn and Club or continue on to the beach. MLS 897555

Jeannie Towgood 904.584.0016 JTowgood@WatsonRealtyCorp.com

Marsh Harbor \$629,500

Nestled in an upscale Intracoastal Waterway community, this casually elegant home is a short drive from Mickler's Beach and offers an open floor plan with 5 bedrooms, 4.5 baths, office and hardwood floors in the main living rooms. MLS 891919

Thomas Duvall 904.315.2065 TomDuvall@WatsonRealtyCorp.com



Interested in a Real Estate Career?
Join us Wednesday, September 6th
4:00pm - 6:00pm at the Ponte Vedra office



Oak Bridge owner continues to seek SJC, public approval for development

By Samantha Logue

Pending approval from St. Johns County, Oak Bridge Club owner David Miller brought a comprehensive overview of his development proposal for the property before the Ponte Vedra Beaches Coalition Monday, Aug. 28.

"I realize it's a thorny issue, but it's an issue we all must address and deal with, otherwise the options are horrific," Miller said of his plan, which includes adding a new age-restricted community (55 years and older) to the Sawgrass neighborhood off of A1A.

Located at 254 Alta Mar Drive, Oak Bridge currently features an 18-hole golf course, a tennis court and the recently opened 3 Palms Grille restaurant. While the tennis court and the restaurant recently underwent improvements, Miller contended that the golf course is also in dire need of reparations, which will cost more than \$2 million.

"When we foreclosed on the golf course, along with the tennis court, swimming facility and the restaurant, it was losing collectively about \$55,000 a month," Miller said. "So, we had to determine, 'What are we going to do? Do we let this thing go foul, or do we try to resurrect it?""

Until recently, Miller's plans for renovating the course were hindered by a land use restriction – set in place by previous ownership and the Sawgrass Players

"I realize it's a thorny issue, but it's an issue we all must address and deal with, otherwise the options are horrific."

Oak Bridge Club owner David Miller

On his proposal for development of the Oak Bridge property

Club Homeowners Association – which required that the golf course remain a golf course until 2023. In February, the Sawgrass Players Club voted overwhelmingly in favor of lifting the restriction on 40 acres of the course so that they could be sold, and extending the restriction on the remainder of the course through Jan. 1, 2057.

"We had overwhelming support from TPC Sawgrass HOA members," Miller said. "It was uncanny. I think the TPC HOA brass that are in here have never seen a turnout like that."

The proposed development plan specifies that half of the 40 acres of land would be sold to a developer and the other half designated for green space, lakes and recreation. The sale of the land would shorten the length of the golf course, reducing the total number of holes from 18 to 12. Miller said that this new hole number would be a selling point.

"Golf among the millennials, they don't have the attention span for [18 holes]," Miller explained. "Courses getting constructed now are of 10, 11, 12-hole configurations, and you can still keep it really engaging and interesting."

Two of the proposed parcels of land (A1 and A2) would include approximately 15 developable acres for a senior living community with a maximum of 330 residences. Parcel A1 would be for single-story residences (maximum building height of 24 feet), while building on Parcel A2 would be three stories (maximum height of 58 feet).

A third parcel (Parcel B) along A1A would be developed for either 15,000 square feet of commercial use, or as an extension of Parcels A1 and A2 for additional residences or amenities (maximum height of 58 feet).

The proposal also outlines a potential ingress from Parcel B to Sawgrass Village Drive for easy access.

Parcel C, consisting of 17.5 acres adjacent to portions of Cypress Creek, Oak Bridge and Water Oak, would not be developed, but would include either a lake or green space view. Parcel D, located between Bridgewater Island and Parcel A1, would not be developed.

"The \$2 million guaranteed at the sale would be dropped into escrow," Miller said, "and the deployment of that \$2 million minimum to go into the golf course to revamp the remaining 12 holes will be overseen by the PGA Tour."

Now that he has secured the support of the Sawgrass Players Club, Miller still needs to obtain the approval of St. Johns County. Pending the necessary approvals, Miller has focused his efforts on gaining the support of the public.

"At the end of the day, it's going to be a decision of the community," he said. "What does the community desire? What will the community support? What will the community embrace?"

As far as Miller is concerned, his goal is not merely to revitalize a neglected golf course, but to preserve an often overlooked piece of local history.

"I've only been here 10 years, but I hear that this course, this club and this area had a heyday—a social heyday, a golf heyday, a tennis heyday and they had big lines out the door for brunch," he said. "It was vibrant, but it died off under poor management. I believe we can get it vibrant again."

Ocean House

Continued from 3

one building that is 276 feet long and 31 feet high. The proposed buildings would both reach a maximum height of 43 feet and be 118.76 feet and 140.5 feet respectively in width.

According to the company, the state requirement is more stringent and dictates a base flood elevation that is approximately 7-8 feet higher than the existing ground surface. As a result, PVC representatives said the finished floor of the new Ocean House buildings would need to be raised from approximately 13 feet to 20-21 feet. Consistent with this required increase, the company requested a non-zoning variance to allow the resort to raise the total height of the building by 8 feet, from the 35 feet to a maximum of 43 feet.

In addition to meeting these requirements, Gate Petroleum President John Peyton said that the renovations are needed to allow the company to build more suites, which are in high demand with the

groups the resort entertains, especially during THE PLAYERS Championship. Lastly, he said the existing Ocean House is sitting on pilings, which he said is not sustainable from a business perspective.

PVC architect Mike Ramsey explained that the two proposed Ocean House buildings would feature 2-story elements on the ends of the structures that "sandwich" a 3-story portion in the middle. As a result, he said people coming from the north or south would see a 2-story building, explaining that the 3-story portion will only be visible head-on.

In addition, PVC attorney Ellen Avery-Smith argued that the proposed Ocean House buildings would be compatible with the surrounding structures. She noted that there are 13 buildings within the Ponte Vedra Inn & Club complex that are taller than 35 feet, including the buildings immediately north and south of the Ocean House.

"I know people are concerned about building height and setting precedent," said Avery-Smith "This shows there's no precedent to be set for the Ponte Vedra Inn & Club. The building heights within the complex speak for themselves."

The PVARC Board sympathized with the concerns of the residents but ultimately voted to recommend approval of the plans.

"My motion... would be to approve the non-zoning variance No. 1 to allow the height variance for reasons in large part due to the fact that they're not necessarily creating a building that is so much larger than the surrounding buildings, which makes it compatible with the campus as a whole," said PVARC Chair Sean Mulhall. "Also, it's not the club's fault that the elevation has gone up and forced them to build at a higher grade."

Additional elements of applications

The height increase was the most notable and controversial element of PVC's non-zoning variance request that went before the PVARC, yet it wasn't the only one.

Also included and recommended for approval was a request to allow 11,613 square feet of gross floor area per acre in

lieu of the maximum allowance of 10,000 square feet, and a request to allow a building approximately 140 feet in length to be parallel to Ponte Vedra Boulevard. One of the proposed buildings is longer than the 120-foot maximum length provided in the Ponte Vedra Overlay District regulations.

In addition, PVC received the PVARC's recommendation of approval for requests to reduce the required 20-foot buffer from any overlay district roadway right-of-way to 8 feet, as well as reduce the minimum required separation between two buildings from 20 feet to 15.77 feet.

The PVARC lastly provided design approval of PVC's architecture plans for the proposed Ocean House buildings, which would utilize the same materials that make up the current structures in the resort's complex.

PVC's non-zoning variance, and a companion zoning variance that was not reviewed by the PVARC, will be presented to the Ponte Vedra Zoning & Adjustment Board Sept. 11 for final approval.

Dick Williams to run for St. Johns County Commission

Dick Williams, a longtime St. Johns County resident, has officially announced his candidacy for the St. Johns County Commission District 4 seat.

"It is with great excitement that I announce the official launch of my candidacy for St Johns County Commission, District 4," said Williams. "Like most families relocating to Florida with school age children, our family chose to live in St Johns County for its 'A' rated public schools, low crime rate and the great quality of life. I believe that the best government is the one closest to the people. I am committed to the continued representation of an open and pragmatic business approach necessary to maintain the excellent quality of life that we all enjoy while protecting our hard-earned tax dollars and ensuring that we continue to grow our economy."

Williams is a strong conservative whose business career spans thirty years of top management of multi-million-dollar budgets of commercial radio stations throughout the United States. In 2006, he retired from the corporate world following six years as vice president/general manager of five Northeast Florida radio stations, including conservative news talk WOKV 690.

In 2008, Williams came out of retire-



Photo courtesy of Wexford Strategies

Dick Williams

ment and accepted the challenge of turning around a financially stressed local nonprofit. Putting his business experience to work, he guided the Cultural Center at Ponte Vedra Beach through the "great recession" and assured its financial future.

A first-time candidate for elected office, Williams has been very active in community service as a current member of the United Way of St. Johns County Campaign Cabinet and board member of the Cultural Center and Rotary Club of Ponte Vedra Beach, Williams was also appointed by the St Johns County School Board to serve on the Citizens Advisory Committee to assist in selecting a new superintendent.

Having twice served as an appointed volunteer on the county's Planning and Zoning Agency, Williams dealt openly with the challenges of balancing private property rights while managing the need for responsible county growth.

A Republican candidate for the St Johns County Commission District 4 seat, Williams said he is committed to the continued representation of an open and pragmatic business approach necessary to insure the community can maintain the excellent quality of life that it enjoys while protecting its hard-earned tax dollars and ensuring that the economy continues to grow.

Growing up in Janesville, Wisconsin, he and his wife, Linda, were high school sweethearts. Following graduation from the University of Wisconsin-Whitewater, they married and today have two grown sons and two grandchildren. For more information, visit his website at http:// Williams4Commission.com.

OBITUARIES

Marianne Langan Kuhlthau

Marianne Langan Kuhlthau, 68, of Ponte Vedra Beach, died Aug. 18, 2017. Services under the direction and care of Quinn-Shalz, A Family Funeral Home & Cremation Centre.

Jimmy Stanley Mycka

Jimmy Stanley Mycka, 46, of Ponte Vedra Beach, died Aug. 22, 2017. Arrangements by Quinn-Shalz, A Family Funeral Home & Cremation Centre.

Marilyn Neilson

Marilyn Neilson, 85, of Ponte Vedra Beach, died Aug. 13, 2017. Ponte Vedra Valley Funeral Home, Cremation Center & Cemetery -(904) 285-1130 www.pontevedravalley.com.

Arbor Terrace PONTE VEDRA

The New Signature of Memory Care An Arbor Company Con

Arbor Terrace Ponte Vedra is seeking exceptional people for the following employment positions:

Certified Nursing Assistants:

Engagement Coordinator (Activities Assistant):Part time Day and Evening and weekends

Dining: Full Time Utility and Full time Cook

Housekeeping:Part Time/ Full Time Housekeepers

For more information and to submit an electronic application for a position, please visit our website at https://pontevedra.vikus.net/ EOE, Drug Testing Conducted AL# 12080

New deputy assigned to Municipal Service District

By Paris Moulden

A new deputy has been assigned to help keep the Ponte Vedra Beach Municipal Service District (MSD) safe.

Mitchell Watson, who has been with the St. Johns County Sheriff's Office (SJSO) approximately a year, will join four other deputies who patrol the MSD, which pays extra fees for supplemental services such as 24-hour police patrols.

Charles Mulligan, community affairs commander for the SJSO, said Watson has a business background, but attended the academy and completed all the required training to obtain his "road ready" status and take on solo patrols.

"He's beginning his law enforcement career," Mulligan said. "I think the MSD community will be getting a very good deputy."

Watson's duties on the MSD beat will be the same as a patrol deputy anywhere, Mulligan said, such as dealing with traffic issues, disturbances and assisting other deputies with any major crime

Some of the factors determining which beat a deputy is assigned to include

community needs, shift shortages and geographic proximity, which means the deputies are often members of the communities they patrol.

"The deputy-to-resident ratio is very good," Mulligan said. "For the number of individuals (in the area), having a deputy on duty 24 hours a day is very advantageous.'

Brian Harrington, Northeast District commander for SJSO, said communication is key to a successful relationship between the deputies and the communities they serve.

"(Watson) has a lot of good ties to that community," Harrington said of the MSD. "He's going to do very well."

Harrington also said he notices the difference in communities that have the kind of police presence that the MSD

"It all comes down to visibility. whether it's traffic or crime control," he said. "The visibility and presence gives residents great peace of mind."

The deputies patrolling the MSD are connected to the residents and therefore able to build and foster trusting relationships with each other, said Harrington.

"We go above and beyond making sure we have the best ties with the community," he said.

The other deputies serving the Municipal Service District are Nathan Datsko, Dwayne Cieslik, Jon Johnson and veteran MSD traffic deputy John Tedder, who Mulligan called a "great resource for the community."

Subscribe to the Recorder!

Call (904) 285-8831



Jim Moyes is the play-by-play broadcaster for Ponte Vedra High School's football team, as well as the public address (PA) announcer for the University of North Florida's baseball team. A Michigan native, Moyes began his broadcasting career in Muskegon, where he also owned a bar/restaurant.

By Jon Blauvelt

Can you please tell us about your background?

As the son of a football, basketball and baseball coach, it was only natural that I would have a passion for sports, especially high school sports. I lived my entire pre-college life in North Muskegon, Michigan, where in addition to participating in sports, I began my long career in the media as a "cub reporter" for our local newspaper in 1956. I am an alumnus of Central Michigan and Michigan State University and served two years in the U.S. Army, including a stint in Vietnam. I began working in my step-father's business in Traverse City, Michigan, after returning from the service, and it was in Traverse City where I began working as a sports announcer in 1967. I had the opportunity to return back to North Muskegon and purchase a business in 1976. I quickly resumed broadcasting high school football and basketball games in Muskegon until we moved to Ponte Vedra Beach in 2010.

What's it like to be a sports broadcaster?

Most people associate me as a career broad-caster when, in fact, I did have a "real" job. When I wasn't working as a broadcaster, I was the owner of a popular restaurant/bar in North Muskegon, Michigan. Just as here on the First Coast, high school football was huge up in the Muskegon area. I was fortunate over the years to have broadcast 34 state championship football games. Although the Muskegon area takes up only 2 percent of the population in Michigan, our area football teams won four of the eight state championships in 2008.

What brought you to the First Coast?

After my wife Mary and I retired about a decade ago, we stayed busy in the summer by traveling to the Milwaukee area where we would help out our busy son Jim and his wife Lanie transport our two grandsons (Jackson and Matthew Johnson) to their many sporting activities. When Jim was transferred to the First Coast, we just picked up stakes and followed them here. What a great decision!

What do you enjoy most about doing playby-play for the Sharks?

Covering and watching high school sports has always been my number one sporting passion. I have been amazed at how talented our athletes are here in Ponte Vedra...in all the sports. The coaching staffs and administration have treated me like I have been a lifelong Shark. As an added bonus, I get the best seat in the house! (Ponte Vedra Sharks football games stream live on Facebook: https://www.facebook.com/Sharks-Football-133768580028472/.)



Jim Moyes

What do you enjoy most about living in Ponte Vedra?

This is the easiest question of all to answer. Living nearly our entire lives in an area that regularly experiences 100 inches of snow or more—the weather! Mary and I have also met so many great people here in Ponte Vedra. After renting homes here for our first six years, we sold our home in Michigan and made a lifelong decision by purchasing a new home in Nocatee. We have also found a church (Ponte Vedra United Methodist) that we like very much where Mary volunteers for a number of functions, most notably as a remarkable quilt maker.

What do you enjoy doing in your free time?

Shortly after moving to Ponte Vedra in 2010, I found myself with a lot of free time on my hands. I penned a little note to then Ponte Vedra Athletic Director Gene Baker that I would be happy to help out with their program in any way possible. Little did I know then what I was in for down the road. Thanks to Lewis Warford and Bruce Morris, I was invited to help out with web-streaming Shark baseball games. Now seven years later, I find myself, not only working Shark baseball and

football games, but I spent the winter months as the scorekeeper for PVHS basketball games. For the past five years I have been fortunate to be the public address announcer for North Florida baseball, a position that I have enjoyed very much, as baseball has always been my favorite sport. Now, it is time to slow down a little bit and turn my basketball duties over to another volunteer and spend some valuable Friday night time with my more than understanding wife. What a great decision we made to now call Ponte Vedra our home!

Ponte Vedra Girl Scout develops app to aid charities with communication



Photo courtesy of Katie Dykstra

As part of her Gold Award project for the Girl Scouts, Katie Dykstra developed an app that helps connect charities with donors and volunteers.

Tax optimization

How to keep taxes from eroding your investment returns

UBS Asset Management believes tax optimization can be important part of investment management. Several techniques can help investors minimize their current taxes.

Thursday, September 21

Noon – 1:00 p.m.

The Capital Grille

St. Johns Town Center 5197 Big Island Drive Jacksonville, FL 32246

Speaker

Robert Dorfman

Managing Director UBS Asset Management (Americas)

A complimentary lunch will be served. Seating is limited.

RSVP by Monday, September 18 Molly Hill

Sr. Registered Client Service Associate 904-301-3132 molly.hill@ubs.com

ubs.com/fa/heatherhayes ubs.com/team/rhwm



Sally T. Ragsdale Vice President– Wealth Management Wealth Advisor



Jennifer Holden CFP®, CDFA® Financial Advisor



Heather E. Hayes Account Vice President Financial Advisor

UBS Financial Services Inc.

One Independent Drive, 30th Floor Jacksonville, FL 32202



This presentation is for informational and educational purposes only and should not be relied upon as investment advice or the basis for making any investment decisions. The views and opinions expressed may not be those of UBS Financial Services Inc. UBS Financial Services Inc. does not verify and does not guarantee the accuracy or completeness of the information presented. As a firm providing wealth management services to clients, UBS Financial Services Inc. offers both investment advisory services and brokerage services. Investment advisory services and brokerage services are separate and distinct, differ in material ways and are governed by different laws and separate arrangements. It is important that clients understand the ways in which we conduct business and that they carefully read the agreements and disclosures that we provide to them about the products or services we offer. For more information visit our website at **ubs.com/workingwithus**. Neither UBS Financial Services Inc. nor any of its employees provide tax or legal advice. You should consult with your personal tax or legal advisor regarding your personal circumstances. Certified Financial Planner Board of Standards, Inc. owns the certification marks CFP® and Certified Financial. Planner™ in the U.S. For designation disclosures visit **ubs.com/us/en/designation-disclosures**. © UBS 2017. All rights reserved. UBS Financial Services Inc. is a subsidiary of UBS AG. Member FINRA/SIPC. EXC-DC-08222017-3

Ponte Vedra Girl Scout Katie Dykstra – along with team member Dina Zakaria – has created an app to help charitable organizations effectively communicate their needs to donors and volunteers.

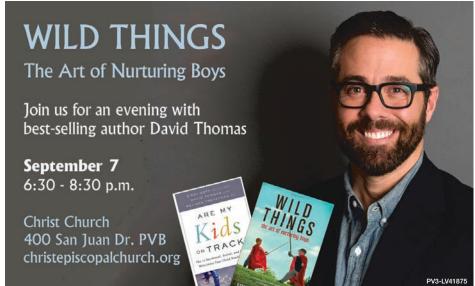
"Carachute," which originated as part of Dykstra's Gold Award project for the Girl Scouts, is an Android app that directly connects charities to volunteers. By sending out text alerts to "carers," or supporters, about a charity's most urgent volunteer and donation needs, Carachute helps those organizations receive the assistance they need when they need it.

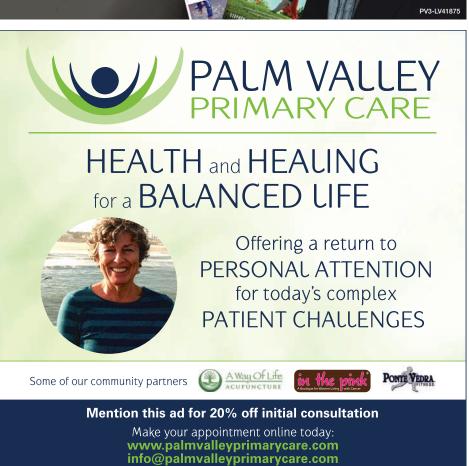
The Gold Award represents the highest achievement in Girl Scouting, recogniz-

ing girls who demonstrate extraordinary leadership through "take action" projects that have a sustainable impact on their communities and beyond. Only open to high school girls, the purpose of the award is to encourage community involvement.

Carachute has already been adopted by local charity BEAM (Beaches Emergency Assistance Ministry), which is a nonprofit organization dedicated to serving the low-income residents of Jacksonville's Beaches communities. Other charitable organizations interested in using the app can download it from the Google Play Store.

For additional information about Carachute, email carachutellc@gmail.com.





1106 A1A North, Suite 100-A • Ponte Vedra Beach, Florida • 904.222.6530 Located in Mickler's Landing at the corner of A1A & Mickler Road

Nease principal: We're not overcrowded

By Benjamin Naim

Lisa Kunze, the principal of Allen D. Nease High School, said Nease is experiencing growth rather than an overcrowding situation, and the school is addressing concerns by adding more classrooms and tweaking its schedule.

"We've had an increase in growth because of the neighborhoods that are in our attendance zone," the principal said. "We have Nocatee that's still building and selling homes, and we have new neighborhoods that are being developed."

Nease High School's attendance zone includes all of Nocatee and "lots of neighborhoods that are growing," Kunze added.

The principal insisted that Nease is not experiencing an overcrowding situation because the high school now has enough room to accommodate its student population with the addition of a new building named Panther Hall.

"We have enough seats," she said. "Yes, our student population has increased, but we're able to accommodate all of these students."

According to Kunze, Nease added 13 classrooms along with rooms created for engineering



Photo courtesy of metrocreativeconnection.com

labs and a hospitality and tourism academy. The additional space freed up a total of 16 classrooms in the existing school building, but it did not mitigate the congested breezeways and crowded cafeteria.

Kunze said part of the problem is the way students are navigating.

"They're not considerate to each other and walking on the right-hand side so people can walk in both directions," she asserted. "They might have to change the route that they were going to take and maybe not go a route so they can talk to their friends that maybe go a different route, so that it's not as congested."

School administrators resolved this problem by giving students more time to get to class, Kunze noted. The principal said students in portable classrooms are now released one minute early to give them a head start and alleviate the breezeway traffic jam.

Despite expanding its cafeteria last year, Kunze acknowledged that Nease does not have a large enough facility to accommodate 2,400 students at one time. Consequently, staff members divided the lunch schedule to make more seats available.

"The juniors and seniors eat first," Kunze said. "And then it's trying to get them to leave so that there are seats for the ninth and 10th graders when they come in for lunch."

Although some parents might be concerned about overcrowding, Kunze maintained that Nease has already accommodated its students, and the large school population has not impeded academic progress.

"I don't think [growth] negatively impacted them," she said. "Are the breezeways more congested, the cafeteria more crowded? Sure. But they just have to alter their path so that they take the route that they take to get to their classes."

Town hall meetings set to discuss SJCSD zoning

Three town hall meetings have been scheduled by the St. Johns County School District (SJCSD) to discuss potential attendance zoning changes for the two new K-8 schools currently under construction and opening for the 2018-2019 school year.

K-8 School "KK" is located at 2135
Palm Valley Road in Ponte Vedra and is being constructed using monies from the school impact fees, school proportionate-share mitigation fees and the half-cent sales tax passed in November 2015.

K-8 School "LL" is located at 1365 Shetland Drive in St. Johns and is being constructed using monies from the halfcent sales tax. Other possible attendance zone changes relate to Heritage Park located off Woodlawn Road and the Sawmill Landing development located off of SR 207, both in St. Augustine.

The meetings are as follows:

■ Tuesday, Sept. 5, at 6 p.m. at Creekside High School, 100 Knights Lane, St. Johns.

- Thursday, Sept. 7, at 6 p.m. at Valley Ridge Academy, 105 Greenleaf Drive, Ponte Vedra.
- Thursday, Sept. 14, at 6 p.m. at First Coast Technical College, Building C, Collins Avenue, St. Augustine.

The same information will be discussed at all three meetings. School board members and district staff will be in attendance, and there will be opportunities for public comment.

Proposals are being developed and could impact attendance zones and students at Cunningham Creek Elementary, Durbin Creek Elementary, Fruit Cove Middle School, Alice B. Landrum Middle School, Otis A. Mason Elementary School, R.J. Murray Middle School, Ocean Palms Elementary, Palencia Elementary School, Pacetti Bay Middle School, Patriot Oaks Academy, Sebastian Middle School, Switzerland Point Middle School and Valley Ridge Academy.

SJCSD to hold annual College and Career Night Sept. 6

The St. Johns County School District (SJCSD) will hold its annual College and Career Night Wednesday, Sept. 6 from 5 to 7:30 p.m. in the gymnasium at St. Augustine High School located at 3205 Varella Ave. in St. Augustine.

College and Career Night provides an opportunity for St. Johns County high school students from both public and private schools to receive firsthand information on post-secondary educational opportunities. Representatives from over 75 colleges, universities, armed services, career institutes and trade schools will be available from 6 to 7:30 p.m. Families will find an increased presence of representatives with a focus on meeting students' diverse needs and expectations.

The latest information on topics such as the college admissions process, college transition, scholarship and financial aid will also be available during information sessions from 5 to 7 p.m.

While this event traditionally focuses

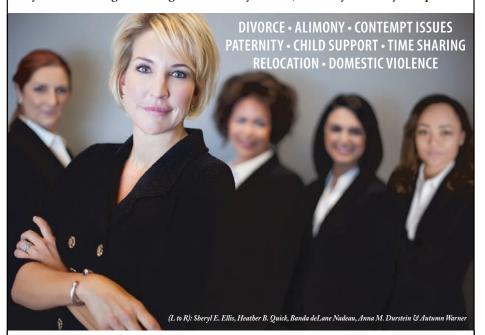
on juniors and seniors, underclassmen are also encouraged to attend. Many colleges have very selective admissions criteria, and students should start planning early.

"We are delighted to provide an opportunity for families to meet with post-secondary representatives from across the state and the nation without having to travel outside of our county," said Denise Sumerix, director for Guidance and Programs of Choice. "I love seeing the excitement that this event creates for our students as they explore their many options and renew their focus on goals."

The event is presented by the SJCSD Department of Guidance and Programs of Choice. For more information, please contact your school's guidance department, visit the website at www. stjohns.k12.fl.us/gpc/college/ or call Dana Chapman from the Department of Guidance and Programs of Choice at (904) 547-7754.

Are you ready to move forward?

If you value having trusted legal advisors on your side, call today to know your options.



QUICK LAW GROUP

DIVORCE AND FAMILY LAW FOR WOMEN

4312 Pablo Professional Ct., Jacksonville, FL 32224 TheQuickLawGroup.com | 904.241.0012

Give us a call for your FREE copy of "Women's Guide to Divorce in Florida"



Living life to the fullest now comes with options.

Call **(904) 543-6373** today to attend our **New Beginnings** event at 11 a.m. Tuesday, September 19.



A Life Care* Community 4600 Middleton Park Circle East Jacksonville, Florida 32224 cypressvillage.brookdale.com

*Life Care plan/guarantee is subject to the terms of the Residency Contract.

81202-Cypress Villag September Ads 2 SW ©2017 Brookdale Senior Living Inc. All rights reserved. BROOKDALE SENIOR LIVING and BRINGING NEW LIFE TO SENIOR LIVING are the registered trademarks of Brookdale Senior Living Inc.

Bringing New Life to Senior Living®



You're Invited!

Annual Wellness Fair & th Anniversary Celebration
Thursday, September 14th 4:30 - 6:30 PM

- Free, Family Friendly Event
 - Raffle Prizes
 - Chair Massages
- Free Health Screenings
 - Food, Games
 - Wine Tasting

Wellness Fair Participants include:













Balini Mind and Body • Full Circle Womens Care

Healing Massage of Ponte Vedra • Ponte Vedra Eye Associates

SJC Chamber of Commerce/PVB Division • PRP Wine International

Event in cooperation with **First Atlantic Bank**

Benefiting **Mission House**

Food and Samples Provided By
Metro Diner • Kona Ice
Peterbrooke Chocolate

Free, Family-friendly Event Call Our Office for More Info!

Visit Our Website pontevedrawellnesscenter.com for Our Anniversary Special Offer

Ponte Vedra Beach/273-2691

100 Corridor Rd South, # 220, Ponte Vedra Beach, FL 32082

Nocatee Town Center/834-2717

205 Marketside Ave, #200, Ponte Vedra, FL 32081

PV3-LV41597

Thursday, Aug. 31

Friday, Sept. 1

Sunday, Sept. 3

Yoga for Survivors

The Y Healthy Living Center at the Ponte Vedra YMCA will host a "Yoga for Survivors" class Aug. 31 at 11:30 a.m. Cancer patients, survivors, caregivers and others with range of motion and pain limitations are invited to join in this gentle and safe yoga practice, which is free and open to the public. Call (904) 202-5376 or visit www.baptistjax.com/ymca to reserve a spot. The Ponte Vedra YMCA is located at 170 Landrum Lane.

Concerts in the Plaza

St. Augustine's Plaza de la Constitución will host the oldest city's summer-long concert series, "Concerts in the Plaza." The series will provide free concerts featuring local musical entertainment every Thursday night at 7 p.m. Aug. 31, Lonesome Bert & The Skinny Lizards will play boogie music. All of the "Concerts in the Plaza" shows are free to attend and visitors are encouraged to bring lounge chairs for seating. Picnic dinners are allowed, but alcoholic beverages are prohibited in the plaza.

PVPV/Rawlings Elementary School and Open House

This Aug. 31 open house will be for first, third and fifth grade. Parents will have an opportunity to see what their child is doing at school and meet other parents in the community. Attendees can choose one of two sessions starting at 6:30 or 7:15 p.m. PVPV/Rawlings Elementary School is located at 610 A1A N., Ponte Vedra Beach.

River City Swing 2017

Paul Stewart and Andrew Sinclair present a swing dance event over Labor Day weekend in Ponte Vedra Beach. The four-day festival, starting Aug. 31 at 7 p.m., will feature group workshops, social dancing, competitions and nightly entertainment. It will be held at 1000 PGA Tour Blvd. Visit www.rivercityswing.com to register.

Junior PLAYERS Championship

This tournament will be held at TPC Sawgrass at 110 Championship Way, Ponte Vedra Beach. It takes place Aug. 31 and Sept. 1 at 9 a.m., and Sept. 2 and 3 at 8:10 a.m. Admission is \$32 for spectators.

Coastal Wine Market wine tasting

Coastal Wine Market hosts Friday wine tastings from 6 to 8 p.m. at 641 Crosswater Parkway, Suite B, Ponte Vedra Beach. Taste six wines for \$10. For more information, call (904) 395-3520.

Cannon Firing Demonstration at Castillo de San Marcos

National Parks Service volunteers and personnel demonstrate a cannon firing at the Castillo de San Marcos museum / monument every Friday, Saturday and Sunday at 10:30 a.m., 11:30 a.m., 1:30 p.m., 2:30 p.m. and 3:30 p.m. Rangers and volunteers will demonstrate the weapons and relate the experiences of the colonial Spanish soldier of 1740s St. Augustine. Firing times are subject to change depending on weather conditions and staff availability. Castillo de San Marcos is located on 1 South Castillo Drive in St. Augustine.

First Friday Art Walk Recital

The music department of the Cathedral Basilica of St. Augustine presents the First Friday Art Walk Recital at 6 p.m. featuring organist Adam Brakel, a musician who plays in concerts around the world. Brakel's repertoire of organ literature includes the complete organ works of Bach, Bruhns, Buxtehude, Couperin, Liszt, Franck, Mendelssohn, Duruflé and Franck. There will be a free-will offering. Cathedral Basilica of St. Augustine is located at 38 Cathedral Place.

Volunteer orientation at GTM Research Reserve

The GTM Research Reserve will offer an introduction to its volunteer program Sept. 1 from 10-11:30 a.m. Interested volunteers (to sign-up, visit www.dep.state.fl.us.) will learn about the background and history of the reserve, volunteer expectations, benefits and more. Email volunteer coordinator Shannon Rininger at Shannon.Rininger@dep.state.fl.us for more information, or call (904) 823-4500.

Mad Cowford Improv Comedy Show

Mad Cowford Improv presents an unscripted, improvised comedy show Sept. 1 from 7 to 9:30 p.m. Admission is \$5 at the door. This event will take place at 345 E. Bay St., Jacksonville.

MOSH boat tours

St. Johns River Taxi and MOSH host a St. Johns River boat tour every Saturday afternoon at 1 p.m. and 3:30 p.m. The tour features a history host who explains the historical signifigance of the river and various landmarks in Jacksonville. Tickets cost \$15 for adults and \$12 for children. MOSH is located at 1025 Museum Circle in Jacksonville.

Saturday, Sept. 2

Old City Farmers Market

The Old City Farmers Market features fresh produce, baked goods, handcrafted items and plants along with live entertainment. Fresh seafood in season will be available for purchase as well. The farmers market takes place every Saturday from 8:30 a.m. to 12:30 p.m. at the St. Augustine Amphitheatre on 1340 A1A South. Admission is free.

Tailgate Fest and Flea Market fundraising event

The Tailgate Fest and Flea Market event will raise money for both the American Legion and its affiliates such as K9 for Warriors Sept. 2 from 8 a.m. to 11 p.m. The Flea Market will last from 8 a.m. to noon, followed by live music at 1 p.m. The UF v. Michigan game (starting at 3 p.m.) and the FSU v. Alabama game (starting at 8 p.m.) will be playing on a big screen along with other NCAA games throughout the day. There will be food, games and drinks. To book a flea market booth (for \$10), call (410) 279-6455 or email palmvalley233@gmail.com.

Ink, Silk and Gold closing celebration

Visit Ink, Silk, and Gold at the Cummer Museumof Art & Gardens between 10 a.m. and 4 p.m. for the last time before it leaves Jacksonville. Enjoy live music, art demonstrations, hands-on art-making activities and performances. For further information, call (904) 356-6857. The Cummer Museum is located at 829 Riverside Ave. Jacksonville

Bank of America Museums on Us

Bank of America and Merrill Lynch's Museums on Us program offers cardholders free MOCA Jacksonville admission the first weekend of each month. MOCA is located at 333 N. Laura St., Jacksonville; it is open from 11 a.m. to 5 p.m.

Sandals, Shorts and Steel Drum Service

Every Sunday from 11:30 a.m. to noon, St. Paul's by-the-Sea Episcopal Church invites guests to put on sandals and shorts for a more casual worship service featuring the tropical sound of steel drum music. The church is located at 465 11th Ave. N. in Jacksonville Beach.

Life Enrichment Group

The Life Enrichment Group is designed for those with memory changes who want to remain mentally, physically and socially active, while giving caregivers and loved ones some free time for themselves. The program is offered daily, serving the Jacksonville Beach and Ponte Vedra area. For more information call (904) 417-7354 or email life_enrichment-group@yahoo.com

"Flash Gordon" at the Corazon Cinema and Cafe

"Flash Gordon" (1980, rated PG) is showing at the Corazon Cinema and Cafe Sept. 3 at 3 p.m. This movie is about a football player and his friends who travel to the planet Mongo and find themselves fighting the tyranny of Ming the Merciless to save Earth. The Corazon Cinema and Cafe is located at 36 Granada St., St. Augustine.

"Ordinary People" Exhibition by Don Trousdell

This 450th commemoration exhibition (running through Oct. 1) at the St. Augustine Art Association features paintings by the late Don Trousdell, which highlight the first settlers who founded and built St. Augustine during the 16th century. The exhibition is free and open to the public Tuesday through Saturday, noon to 4 p.m. and Sunday from 2 to 5 p.m. There will be a tribute gathering for Don Trousdell on Sept. 3 at 2 p.m. The St. Augustine Art Association is located at 22 Marine St.

One Caribbean Inc: Jerk Food Festival

The 2017 Jerk Food Festival starts Sept. 3 at noon; it will feature live entertainment, a jerk chicken cook-off, wing-eating, pepper-eating and limbo contests and more. The festival will take place at 117 W. Duval St., Jacksonville. Cost to attend is \$5 with a perishable item and \$10 without.

Let's get social!

facebook_®

Stay up to date on contests, advertising specials, and real-time news in Ponte Vedra. Our fans get access to exclusive content you can't find anywhere else!



PV2-LV41545

TPC SAWGRASS IN HOME OF THE PLAYERS



THIRSTY THURSDAY

We're showcasing another bar in NINETEEN: The Craft Cocktail Bar. Try our bartenders' most creative craft cocktail!

> Thursday, September 7 5:00 - 9:00 PM

THROWBACK THURSDAY

Join us for a classic dish paired with the perfect bottle of wine!

Thursday, September 14th 5:00 - 9:00 PM

Call NINETEEN & Traditions (904) 273-3238 for reservations!

For complete information on our dining and social events, visit our website at http://www.tpc.com/sawgrass-dining.

For more information or to make a reservation in NINETEEN or for a Social Event, please contact the dining room at 904.273.3238

PV2-LV41913

Monday, Sept. 4

Tuesday, Sept. 5

Thursday, Sept. 7

MOSH Daily Programs

Join Jacksonville's Museum of Science and History for its Daily Animal shows. On Monday at 2 p.m., explore "Skin and Scales" in the Florida Naturalist's Center, during which guests learn about the cold-blooded world of reptiles and amphibians. Prior to the program at 1 p.m., museum-goers can witness the exploration of space in the Bryan-Gooding Planetarium during "Astronaut," an interactive venture lead by a test astronaut named Chad. For tickets and additional information, visit www.themosh.org.

Friends for the Arts

Get involved in the arts by joining a team of fellow art supporters at the Cultural Center at Ponte Vedra Beach. Help develop and support fundraising projects and help initiate special projects to benefit and promote the Cultural Center and the arts in our community. For more information, visit www.ccpvb.org/friends-for-the-arts.

Labor Day Savory Faire Food and Wine Tasting

Celebrate Labor Day with a three-hour food and wine tasting tour in St. Augustine. Starting at 1:30 p.m., Monday, Sept. 4, guests will visit various local restaurants and eateries as they sample their way around the Ancient City. Admission is \$59 per person. The tour will begin at the City Walks office at 4 Granada St. For more information, call (904) 825-0087 or visit www.staugcitywalks.com.

Steve Anderson Art Exhibition at the Villa Zorayda Museum

The Villa Zorayda Museum hosts an art exhibition of Steve Anderson's paintings Monday through Saturday from 10 a.m. to 5 p.m. and Sunday from 11 a.m. to 4 p.m. Anderson, who is visually impaired and has less than 10 percent of his sight, highlights St. Augustine's architectural heritage in his work. View this exhibition at 83 King St., St. Augustine. General admission to Zilla Zorayda Museum is \$10 for adults and \$4 for youth.

Free Admission at Cummer Museum

Every Tuesday, the Cummer Museum of Art & Gardens offers visitors free admission to its galleries and gardens, for its "Florida Blue Free Tuesday" promotion. The Cummer Museum is located at 829 Riverside Ave., Jacksonville.

Tapas Tuesday

The Cummer Museum of Art & Gardens presents Tapas Tuesday at the Cummer Cafe every Tuesday from 5 to 7:30 p.m. View the sunset on the Cummer Cafe patio while listening to local musicians and enjoying beer, wine or artfully inspired tapas for sale at the Cafe. Reserve your table by calling (904) 899-6022. For more information, visit www.cummermuseum.org. The museum is located at 829 Riverside Ave.

The Art of Susanne Schuenke

The public is invited to view artwork from international artist and St. Johns County resident Dr. Susanne Schuenke. The exhibition is on display until Sept. 21 at the St. Johns County Administration Building at 500 San Sebastian View in St. Augustine. Visitors must pass through a security station to reach the building's main corridor. The facility is open from 8 a.m. to 5 p.m.

Understanding the Civil War Discussion Group

The monthly "Understanding the Civil War" open discussion group at the Anastasia Island Branch Public Library will take place Sept. 5 at 1 p.m. The library is located at 124 Sea Grove Main St., St Augustine Beach. There is no charge for participation.

Yoga on the Beach

Each Tuesday through September, join yoga fitness instructor Emily Johnson as she leads a free yoga session on St. Augustine Beach at 8 a.m., weather permitting. The session will take place at 978 A1A Beach Blvd. For more information, call (904) 461-9415 or email emily@oceanextrememsports.com.

Toastmasters Club

Toastmasters Club #5199 of Ponte Vedra Beach meets every Wednesday at 7:30 a.m. at THE PLAYERS Community Senior Center. These meetings will help attendees improve public speaking and gain leadership skills. The senior center is located at 175 Landrum Lane in Ponte Vedra Beach. Email Lucy Reep at lucyreep@ amail.com for additional information.

Wednesday, Sept. 6

Music by the Sea Concert Series

The "Music by the Sea" concert series returns to the St. Johns County Pier for its 15th year, bringing free weekly concerts in a variety of genres from 7 to 9 p.m. every Wednesday. Visitors are encouraged to bring a chair or blanket. Dinner is offered for \$10 or less beginning at 6 p.m. The Sept. 6 concert will feature a 15th anniversary All-Star Show. The St. Johns County Pier is located at 350 A1A Beach Blvd. in St. Augustine Beach. For more information, visit www.sabca.org.

'The Dixie Swim Club' at the Alhambra

The Alhambra Theatre & Dining will present "The Dixie Swim Club" through Sept. 24. Starring Morgan Fairchild, the comedy follows five southern women, who met on their college swim team, through 33 years of friendship. A three-course dinner will be served starting at 5:50 p.m. and the show will follow at 7:50 p.m. The Alhambra is located at 12000 Beach Blvd., Jacksonville. For more information, call (904) 641-1212, or visit www.alhambrajax.com.

Wednesday Market

Each Wednesday from 8 a.m. to 12:30 p.m., approximately 60 to 80 vendors participate in the Wednesday Market at St. Augustine Beach. Vendors and artists display produce, prepared foods, local seafood, art, crafts and more. The Market is held at the St. Johns County Pier Park at 350 A1A Beach Blvd, St Augustine Beach.

Postpartum Support Group

Mothers experiencing anxiety and/or depression symptoms can get support and hear what other mothers are experiencing at Baptist Health's Sept. 6 Postpartum Support Group, starting at 10 a.m. at the Ponte Vedra YMCA Healthy Living Center at 170 Landrum Drive.

Modest Mouse Live at St. Augustine Amphitheatre

Modest Mouse, an indie rock band formed in Issaquah, Washington, is coming to the St. Augustine Amphitheatre Sept. 7 at 7 p.m. Modest Mouse's latest album, Strangers to Ourselves, debuted at #3 on the Billboard 200 and at #1 on the rock, alternative, vinyl and Internet charts the week it was released. Tickets cost \$48 and gates open at 5:30 p.m. Call the reception office at (904) 209-3746 for more information or visit www.staugamphitheatre.com.

Concerts in the Plaza

St. Augustine's Plaza de la Constitución will host the oldest city's summer-long concert series, "Concerts in the Plaza." The series will provide free concerts featuring local musical entertainment this Thursday night at 6 p.m. On Sept. 7, The Driftwoods will play traditional bluegrass tunes. All of the "Concerts in the Plaza" shows are free to attend and visitors are encouraged to bring lounge chairs for seating. Picnic dinners are allowed, but alcoholic beverages are prohibited in the plaza.

Free kayak trip

St. Johns County Parks and Recreation and the National Park Service will host a free kayak trip at Fort Matanzas National Monument. The trip will take place Sept. 7 at 9 a.m., Sept. 8 at 10 a.m. and Sept. 9-10 at 11 a.m. Participants will be able to see the fort from the water and enjoy Southeast Intracoastal Waterway Park. Call (904) 209-0355 or email kussia@sjcfl.us to register.

NocaTour

The NocaTour is a 10 a.m. golf cart tour on Nocatee's Greenway Trailway System, Nocatee Community Park and brushing by Coastal Oaks and Del Webb. Email WelcomeCenter@Nocatee.com for more information. The tour starts at 245 Nocatee Center Way, Ponte Vedra.

Free calendar listings for community groups and nonprofit organizations are published at our discretion on a space-available basis. Send your event at least 10 days before publication. Submit events to recorderintern@opcfla.com, post online at www.pontevedrarecorder.com using the automated form or call (904) 686-



SEPTEMBER
ACTIVITIES
FOR MEMBERS

To learn more about enjoying these wonderful events and membership in the Club, please call the membership office at (904) 273-7716 or visit www.pvicmember.com

Sunday Brunch Buffet Every Sunday

Bridge Monday's at 12:30 p.m.

Party Bridge Monday's at 12:30 p.m.

2-4-1 Lobster Night Every Wednesday

Prime Rib Buffet Every Friday

Golf Club Garden Greens Every Saturday

Junior Golf Clinic Every Tuesday

Labor Day Activities" September 1 - 4

Labor Day Swimwear Sale at The Surf Shop September 1 - 4

Labor Day Spa Sale September 1- 3

Lobster & Clam Bake Sunday, September 3 **Book Club Meeting** Wednesday, September 6

Skin Medica Spa Event Friday, September 8

Italian Night Monday, September 11

Member Shopping Day Tuesday, September 12

Trivia Night Tuesday, September 12 "School is Cool" PJ Party Saturday, September 16

Kids Karaoke TShirts Saturday, September 17

Boyz" Night Out Tennis Wednesday, September 27

Elizabeth Sarah Trunk Show Thursday, September 28

PV Date Night Saturday, September 30 September Activities for Members

Call 273-9500 for more information

Taco Tuesday Every Tuesday Evening

Thursday Night Steak Out Every Thursday

Prime Rib Saturdays Every Saturday

Party Bridge Every Thursday Noon

Prime Rib Saturday Every Saturday Evening

Labor Day Activities September 1 - 4

Dive-In Movie Saturday, September 2

Kids Carnival Friday, September 8

TriviaMonday, September 11

Kids Yoga Workshop September 13 & 27

Napa v. Sonoma Farm to Fork Dinner Friday, September 15

Pony Rides for Kids Saturday, September 16

Tuesday Tasting Tuesday, September 26

Oktoberfest Friday, September 29

Kids Movie Night Friday, September 29



PV2-LV41919





Location, Location, Location!

Situated in the middle of the most desired oceanfront location in NE Florida! This first floor unit was totally renovated with the finest finishes and craftsmanship, 2 Bedroom, 2 Bath plus powder room, plus office. **\$1,800,000**



Pristine 1BR/1BA condo in the much desired Summer House Condos on the East side of A1A. Sidewalk all the way to the Beach. 1 story flat with screened porch and large storage closet. \$130,000



Exceptional Mediterranean estate

5 bedroom, 7 bath overlooking the 12th hole of the Marsh Landing Country Club golf course. This home has been meticulously maintained and offers tremendous floor plan flexibility. \$1,390,000



Ready for your Dream Home

One of the last intracoastal lots on Roscoe blvd! A rare opportunity to own 75' on the Intracoastal Waterway. Beautiful 400 foot deep treed lot to build your dream home. \$679,000





Elizabeth Hudgins, REALTOR® 904.553.2032 cell

904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethudgins.com

BERKSHIRE HATHAWAY

(BH)

"From Cottages to Castles" Florida Network Realty nchiseeofBHHAffiliates,LLC. eServices of America, Inc.® intended as a solicitation.



Social Memberships available for only \$600 annually

Dye's Valley Annual Pass Family Membership, \$3,500

- Cart fee-only access to Dye's Valley Course
- Preferred rates on THE PLAYERS Stadium Course
- Exclusive access to Members-only dining and events
- And more!





STUDENTS REPORT TO BOLLES LOWER SCHOOL IN PONTE VEDRA

Local kids headed back to school at the Bolles Lower School in Ponte Vedra Beach Aug. 22 to begin the 2017-2018 school year. The students' late-August return followed a week of faculty/staff pre-planning meetings, new student orientations and meet-your-teacher events. The Lower School Ponte Vedra campus is located at 200 ATP Tour Blvd. For more information about the private school, visit http://www.bolles.org

Photos courtesy of The Bolles School

Ponte Vedra Beach resident begins Peace Corps service in Fiji

Ponte Vedra Beach resident Sara Conklin, 28, departed for Fiji Aug. 27 to begin training as a community youth empowerment volunteer with the Peace Corps.

Conklin will live and work in a community to serve as a teacher and help improve life skills, emotional, physical, mental health and social outcomes, as well as opportunities to positively impact her community through increased access to effective health education and youth development programs.

"Without a doubt, my time spent living and working abroad has been my greatest asset in understanding the intersectionalities of community-driven work and has left an indelible mark on my personal growth," said Conklin. "Now more than ever, I feel confident that Peace Corps service will bring about more formidable experiences, challenges, and triumphs than I can possibly imagine. I hope to gain an entirely new experience from my Peace Corps service than what I have been a part of in my past."

Conklin is the daughter of Cheryl and Dave Conklin of Ponte Vedra Beach and a graduate of Douglas Anderson School of the Arts in Jacksonville. She attended Florida International University in Miami, where she earned a Bachelor of Arts degree in international relations in August 2011. Conklin also earned a Master of Arts degree in African studies specialization in LGBTQ health and education from Stanford University in Stanford, California, in June 2012.

Prior to joining the Peace Corps, Conklin was the events manager at N Street Village, a community of empowerment and recov-



Photo courtesy of Lissette Rutledge

Sara Conklin is working with the Peace Corps in Fiji.

ery for homeless women in Washington, D.C. She was responsible for planning and executing large-scale fundraising events on behalf of the organization. Conklin also spent numerous years studying and working abroad. She studied the effects of heritage tourism on local communities and exporting culture to the U.S. in Senegal and The Gambia, West Africa.

She also worked with Support for International Change (SIC), an Arusha-based non-governmental organization working to reduce the impact of HIV/AIDS in northern Tanzania. She lived in a Tanzanian homestay during an eight-week program to conduct a comprehensive HIV/AIDS awareness campaign, which involved living and working in rural Tanzanian villag-

es, learning Swahili, monitoring progress reports, conducting training and forming interest groups. She created and developed relationships with HIV positive individual participants to facilitate an encouraging environment, responding directly to the needs of each client individually.

During the first three months of her Peace Corps service, Conklin will live with a host family in Fiji to become fully immersed in the country's language and culture. After acquiring the necessary skills to assist her, Conklin will be sworn into service and assigned to a community in Fiji, where she will live and work for two years with the local people.

"I am eager to take on the world with this newly acquired perception, creating sustainable impact through the Peace Corps," said Conklin. "I have a particular interest in supporting health efforts and youth development in Southeast Asia or the Pacific, enhancing youth and parental life skills in communities with specific challenges that have been shaped so strongly by geography and dramatic changes in history."

Conklin will work in cooperation with the local people and partner organizations on sustainable, community-based development projects that improve the lives of people in Fiji and help Conklin develop leadership, technical and cross-cultural skills that will give her a competitive edge when she returns home.

Conklin joins the 313 Florida residents currently serving in the Peace Corps and more than 8,032 Florida residents who have served in the Peace Corps since 1961.



- · Office & residential cleaning
- · Vacation rentals
- · Janitorial services
- · Affordable and dependable

Lewis Champion, III
Owner
C: (904) 485-2444
righttouch72@gmail.com



Garage Storage and Floor Coatings



- Monkey Bars Shelving
 - Garage Cabinets
 - Durable Flooring
 - Overhead Racks

MORE SELECTION...BETTER PRICING **GUARANTEED**



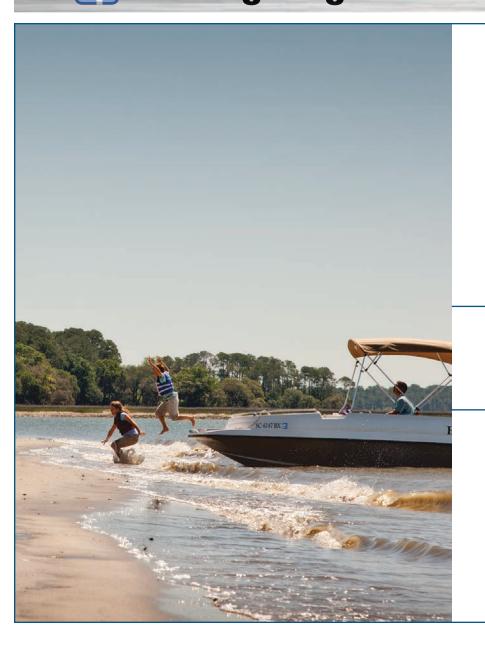


MONKEY Bars

904.887.9395 LOCALLY OWNED & OPERATED

www.garagesolutionsjacksonville.com





Navigate your crew to uncharted lands. We'll pack the sandwiches.

Witness for the first time, a dolphin cresting and then disappearing into the leisurely current. Countless hours of biking, paddle boarding, kayaking and fishing under the coastal Carolina sunshine. You'll never forget their childhood, so take them to a place they'll never forget.

This Summer enjoy our special Montage Memories OFFER WHICH INCLUDES DELUXE ACCOMMODATIONS, DAILY BREAKFAST AND VALET PARKING.

NIGHTLY RATES STARTING FROM \$330

(866) 706-6565 MONTAGEHOTELS.COM

BEVERLY HILLS | DEER VALLEY | KAPALUA BAY | LAGUNA BEACH PALMETTO BLUFF | LOS CABOS (Opening Early 2018)



Bolles breaks ground on multipurpose facility

By Samantha Logue

With bubbles, balloons and buckets of sand, the Bolles Lower School in Ponte Vedra Beach celebrated the official groundbreaking of its new multipurpose building and gym Wednesday, Aug. 23 at the school's 200 ATP Tour Blvd. campus.

Faculty, staff and students in prekindergarten through fifth grade gathered in the morning to mark the occasion and watched as Bolles administration members ceremonially shoveled sand into orange and blue buckets.

'We are so fortunate to have generous givers who made this much-needed campus addition a reality," said Bolles Lower School Ponte Vedra Beach Campus Head Peggy Campbell-Rush. "We are all excited to watch the progress on campus this school year."

The facility, which will have an area of approximately 10,800 square feet, is set to include a basketball court, bleachers, an outdoor amphitheater, a music and drama classroom, a stage, a coaching staff office and bathrooms.

"[The building] will support a lot of areas of school life," Bolles President and Head of School David Farace said. "We really focus on mind, body and spirit. So it will be a gym, which will be great for the athletic portion of our curriculum, and it will also have a really nice stage, so that will support our performing arts program. And then we're going to have some flex spaces in there for other arts opportunities; so it's really a nice mix of arts and athletics for us."

According to Farace, building on the project is scheduled to be completed by the end of the 2017-2018 school year.

'We already have a really amazing school community here," Farace added. "It's just going to enhance something that's already really wonderful."





Photos courtesy of The Bolles Schoo

ABOVE: The Bolles Lower School in Ponte Vedra Beach celebrates the groundbreaking of its new multipurpose facility, to be completed spring 2018.

BOTTOM LEFT: Students gather with the Bolles School mascot Champ the Bulldog.





16 COMMUNITY NEWSPonte Vedra Recorder · August 31, 2017

Eagle Scout project restores basketball court for charity

Vision of Children's Home Society of Florida inspired Ponte Vedra's Daniel Lichlyter

Eagle Scout candidate
Daniel Lichlyter of Ponte
Vedra recently organized his
troop, donors and volunteers
to restore an old basketball
court for Children's Home
Society of Florida, reshaping
the space for families to grow,
learn and play together.

Lichlyter, and members of Troop 288, enlisted the help of ACRYTECH and Court Surfaces to complete the transformation at the court in Jacksonville. The companies donated equipment and materials and provided guidance to the volunteers who put in the labor.

Lichlyter was drawn to the vision of CHS – "A world where children realize their full potential." He first learned of CHS when his father Paul was on the local board of directors and his mother Amy was volunteering on campus.

"I wanted to do something that would impact kids in a positive way for years to come," Lichlyter said. "A few days after we finished the project, I spoke with some kids playing on the court and heard a few of the problems and obstacles they were experiencing."

Kymberly Cook, executive director serving Northeast Florida agrees with Lichlyter. "The resurfacing of our basketball court will bring joy to hundreds of children for years to come. We are so proud that Daniel is carrying on a passion to help children established by his parents, Paul and Amy."

An exciting basketball tournament on Aug. 1 capped the project. More than 50 volunteers, staff and friends of CHS gathered to officially break in the new court with the inaugural Building Bridges Basketball Tournament. The University of North Florida Ospreys women's basketball team and The Solution Dynamics joined staff and the Eagle Scouts.

Lichlyter's official Eagle Scout court of honor is Saturday, Feb. 3, 2018, at Ponte Ve-



Photo courtesy of Children's Home Society of Florida

Daniel Lichlyter poses with a trophy from the inaugural Building Bridges Basketball Tournament, held on Aug. 1, at the newly remodeled court at the Children's Home Society of Florida.

dra United Methodist Church.

On the front lines since 1902, Children's Home Society of Florida is the oldest and largest statewide organization devoted to helping children and families. Children's Home Society of Florida serves more than 50,000 children and family members throughout the state each year. For more information, visit chsfl.org.

THE PLAYERS doubles Endowed First Generation Scholarship at UNF

Through the years, THE PLAYERS
Championship has continually invested in University of North Florida students who are the first in their family to attend college. Now, THE PLAYERS has pledged to double THE PLAYERS Championship Endowed First Generation Scholarship at UNF to reach \$1.5 million.

The PGA Tour established THE PLAY-ERS Championship Endowed First Generation Scholarship at UNF in 2009. Over the years, they built the endowment to \$750,000, and the organization recently pledged an additional \$750,000 over the next five years, doubling the endowment to reach \$1.5 million.

"Education is a core charitable focus of THE PLAYERS Championship," said Jared Rice, executive director of THE PLAYERS. "This \$750,000 endowment will help alleviate some of the financial burden many first-generation students face

while attending college. In April 2011, THE PLAYERS announced a commitment to generate \$50 million for youth-related charities over 10 years and along with our staff and nearly 2,000 volunteers, we're proud to say we're on our way to achieving that goal ahead of schedule."

The endowed scholarship at UNF currently supports 23 First Generation scholars annually. By making this investment and commitment to education, the scholarship has the potential to support over 50 scholars annually in five years. To date, more than 3,700 students at the university have been part of the First Generation Scholarship Program, receiving nearly \$8 million in scholarship funds.

"Thanks to THE PLAYERS, First Generation students are given an opportunity to achieve their dream of a college education and experience transformational learning opportunities at UNF," said Ann McCullen, vice president for University Development and Alumni Engagement at UNF. "This scholarship gift creates a powerful ripple effect and lasting legacy in the community by inspiring others in a student's family to pursue a college degree."

First Generation is a matching gift program, meaning charitable contributions will leverage additional funds for student scholarships from the state of Florida. Approved by the Florida legislature in 2006, the First Generation Scholarship Program is uniquely designed to target those most in need by reaching Florida residents who are the first generation in their families to attend college.

Proceeds from THE PLAYERS benefit Northeast Florida charities and have totaled more than \$84 million since the event moved to Ponte Vedra Beach in 1977, including a record \$8.5 million generated in 2016.

Celebrity chefs join forces for food & wine celebration

Tickets are on sale for the 16th annual Delicious Destinations event, which will be held Sept. 7-9, at the Ponte Vedra Inn & Club.

The three-day celebration of inspired food and notable wines benefits St. Vincent's HealthCare's community outreach programs, which provide free medical care for underprivileged children and adults throughout the area. St. Vincent's is part of Ascension, the nation's largest Catholic and nonprofit health system.

"Through our community outreach programs, we are able to provide free care to thousands of children and adults," said Jane R. Lanier, CFRE, president of the St. Vincent's Foundation. "We are blessed to have so many wonderful chefs, sponsors and patrons who support this worthwhile cause."

The theme of this year's event is "Come Sail Away," and features executive chefs from some of the most prestigious restaurants and resorts throughout the nation.

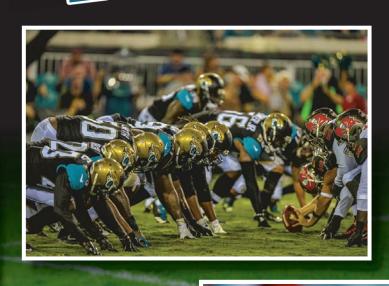
The first of three events, the Celebrity Chef Reception and Luncheon, will take place Thursday, Sept. 7 at 11:30 a.m. Chef Lior Lev Sercarz, the "Spice Guru," will lead a demonstration-style luncheon complete with wine pairings. On Friday, Sept. 8, there will be a preview reception for major donors, sponsors and chefs. Guests will enjoy culinary masterpieces prepared by Ponte Vedra Inn & Club executive chef Hermann Muller.

The Gourmet Food & Wine event is Saturday, Sept. 9 at 7 p.m.

Chefs from some of the south's premier resorts including Mar-a-Lago, The Greenbrier, The Cloister, and the Montage at Palmetto Bluff will showcase their culinary talents. Southern Glazer's Wine & Spirits will provide wines from select domestic and international vineyards. The event also includes live and silent auctions, and a drawing for prizes, including spa and restaurant gift certificates, catered dinners and weekend getaways.

To learn more about Delicious Destinations or to purchase tickets, visit deliciousdestinationsjax.com.









SPONSORED BY:



(904) 945-3667

www.CoastalDoorRefinishing.com



A SPECIAL SECTION TO

Recorder

AUGUST 31, 2017



Ponte Vedra's Mark Calvin (8) finds a big hole to run through during the season opener against Nease.

Ponte Vedra defeats Nease 24-13 in Battle of the Bridge

Sharks' Jarrett Stepp puts on show in season opener

By Jerry Norton

Special to the Recorder

The rivalry between the Ponte Vedra Sharks and the Nease Panthers remains as keen today as it was eight years ago when the very first Battle of the Bridge took place. This is despite the fact that the result has been the same every year: The Sharks take home the trophy. Last Friday night at the Shark Tank, Ponte Vedra did just that again, beating the Panthers 24-13.

But the story of this game is not about its outcome, or that the Sharks have never lost to the Panthers. The story of this game is about the performance of the Sharks' allpurpose player, Jarrett Stepp.

A look at the Ponte Vedra roster lists Stepp as a wide receiver, and he certainly is that and then some. Last week he scored the varsity's only touchdown against Fletcher, on a 60-yard touchdown pass from quarterback Jack Murrah. He more than duplicated that feat this past week against Nease catching a pair of TD passes, one good for 69 yards. He almost had a third touchdown, but it was ruled a no-catch.



Ponte Vedra's Jarrett Stepp (#1) blocks a Nease extra point attempt.

Sharks

Despite what the roster says, when Stepp wasn't busy catching touchdowns passes from Murrah, he was returning kickoffs and punts for close to 100 yards. Nor does the roster take into account his role on the other side of the football. He and Christian Herring are the starting cornerbacks on coach Matt Toblin's defense. and the pair was pivotal in holding Nease quarterback Preston Staples to under 100 yards passing.

The Panthers found Stepp to be a human highlight reel and discovered firsthand that his special teams contribution went beyond kickoff and punt returns. When Nease lined up to kick a field goal or an extra point, Stepp was the player they needed to block but twice failed to do so.

The Sharks opened the game with Stepp's 42-yard kickoff return but were not able to convert a first down and punted. Two plays later, CD James recovered a fumbled Panthers exchange, and the Sharks converted the turnover into a score aided by a pass interference penalty when Stepp was interfered with. Zack King's 20-yard burst put the Sharks at the Nease 3-yard line, and Murrah ran it in on a quarterback draw. Riley Robbins' PAT was good, and the Sharks led 7-0.

Nease engineered a long drive that consumed the better part of the opening quarter, but the Sharks forced a field goal attempt from the 11-yard line. The kick was blocked by—you guessed it—Jarrett

Stepp drew another pass interference call, but that Shark drive ended with a field goal attempt that Nease blocked.

When the Panthers failed to pick up a first down on their next series, Zach Sheffer's 58-yard punt pinned the Sharks inside their own 20-yard line.

Back on offense, Murrah went to work, first with a 5-yard completion to Stepp, then a 10-yard completion to Cade D'Errico. He picked up seven more on a scramble, and with second-and-3 launched a missile to Stepp that the senior speedster caught in full stride for a 69-vard touchdown. The Sharks now led 14-0.

With four minutes left in the half, Staples moved his Panthers 60 yards, finishing the drive himself with a 1-yard diving touchdown as the half ended. Stepp's rush was just too late to block the extra point, leaving the Sharks up 14-7.

Nease couldn't convert a first down on its first series of the second half and had to punt. Stepp's long return gave the Sharks a first down inside the Panthers' red zone. Murrah lofted a touch pass to Stepp in the left corner of the end zone, and the Sharks were now up 21-7.

No one who has seen a coach Toblin team play should have been surprised by the next turn of events—an onside kick by the Sharks. Christian DeSanto recovered the ball, and Ponte Vedra went on to kick a 27-yard field by Robbins.

The Panthers would score their final





touchdown with three minutes left in the third quarter when Staples connected with wide receiver Ashton Wood. But Stepp again blocked the extra point, making the score 24-13.

The teams traded possessions in the closing minutes of the third quarter—the Sharks on a punt and the Panthers on an interception by CD James. Ponte Vedra wasn't able to convert a 28-yard field goal.

Nease's last opportunity ended when the Shark defense gang-tackled Staples on fourth-and-3.

The Sharks next travel to Palatka for a non-district game Sept. 1 at 7 p.m. The Panthers will host Orange Park, also on Sept. 1 at 7 p.m.

ABOVE: Ponte Vedra's Collin Magill (28) runs for positive vardage during the season opener againt Nease last Friday.

LEFT: The Sharks won, 24-13. The Sharks' Tommy Zitiello (17) knocks down a pass intended for a Nease receiver.

Photos by Jerry and Chris Norton

Subscribe to the Recorder! Call (904) 285-8831









NUTRITIONAL CONSULTATION

- Chiropractic
- Customized Blood Testing (blood, hair, urine)
- Nutritional Evaluations & Recommendations
- Physicals

HORMONE PANEL SPECIAL \$50 OFF ALL TO SET UP APPT 904-834-2337

Dr. Steven M. Nickels

A.S., B.S., D.C., N.M.D., D.A.C.B.N., D.C.B.C.N.

10033 Sawgrass Drive West, Suite 117 Ponte Vedra Beach, FL 32082 904-834-2337 | www.sciencewellness.net





Don't Wait for this Red Flag!

Dead trees and limbs need to be removed before a storm approaches.

REE MASTERS, INC

Complete Professional Tree Care Cranes • Aerial Lift • Chippers • Stumps • Debris Removal

285-4625

Ponte Vedra's Home to **Great Food & Family Fun!**





GREAT CASUAL DINING EXPERIENCE

27TV's & 3 Big Screens to watch all your favorite teams. **Best Wings & Burgers in town!**

Check us out at bogeygrille.net

150 Valley Circle 1 mile south of TPC on A1A **Ponte Vedra Beach** 904-285-5524



KING & ASSOCIATES INSURANCE AGENCY

Frances King, owner of King and Associates Insurance Agency is pleased to announce that we are in our 24th year of serving Ponte Vedra Beach and St. Johns

Our associates, Lisa Melendez, Staci Kidwell, and Helen Viollet each have well over 20 years of experience in the insurance business.

We provide all lines of Property & Casualty insurance, including Homeowners, Auto, Renters, Boat, Golf Cart, Umbrella and Business Insurance.

Whether you are new to the area or looking to compare rates, let our experienced agents give you the insurance options to help you choose the right coverage, and give you the security to live your life feeling protected.

















(904) 273-9838

- Serving the community for over 24 years
- Offering a variety of companies & options
- Highest level of customer service

DON'T JUST LIVE LIFE. ENJOIT.



Our goal at JOI Beaches is to provide an individualized plan of care for each patient that focuses on alleviating discomfort and helping you get back to a healthy and active lifestyle.

Schedule your appointment today! 904-JOI-2000 Office: 904-241-1204



JOIBeaches.com

SPORTS MEDICINE PROVIDER FOR









JOI Baptist Beaches

Medical Office Building C at Baptist Beaches 1577 Roberts Drive, Suite 225 Jacksonville Beach, Florida 32250



Kamal I. Bohsali, MD Sports Medicine; Joint Replacement: Shoulder & Elbow



Steven J. Lancaster, MD Sports Medicine; Pediatrics; Joint Replacement; Hand



Dale A. Whitaker, MD Sports Medicine; Pediatrics; Joint Replacement; Hand



Timothy R. Hastings, MD Sports Medicine; Pediatrics; Foot & Ankle



M. John Von Thron, MD Sports Medicine; Pediatrics; Joint Replacement; Upper & Lower Extremities



Edward D. Young, MD Sports Medicine; Pediatrics; Joint Replacement; Hand

22 FOOTBALL PREVIEW



Photo courtesy of Jerry and Chris Norton

Ponte Vedra's Zack King (39) has some running room behind good blocking in the season opener against Nease last Friday.

Sharks aim to reload following historic season

By Jim Moyes

Special to the Recorder

With the loss of a number of graduated stars and a daunting 2017 schedule, it may be too much to expect this year's Ponte Vedra football team to repeat its historic run of last year, but head coach Matt Toblin and his current Shark squad are up for the task.

However, judging from Friday night's 24-13 opening victory over arch-rival Nease, the Sharks look to reload, as opposed to rebuild, despite losing a host of regulars from 2016.

Entering their fourth season under Toblin's leadership, the Sharks have made astounding improvements, from a lowly 3-7 in 2014 to 13-1 and a berth in the state finals in 2016.

The offense and defense each return but three starters from the team's historic campaign of a year ago; however, the cupboard is not bare, nor is the outlook at all gloomy for PVHS team No. 10 in the young school's history.

Linemen Rob Wortelboer and Gunnar Goetz and tight end Kit Connelly are the returning starters from last year's explosive offense, while Peter Merlini, Daniel Lichlyter and West Point-bound linebacker Duncan Van Kouteren return on defense.

Thankfully for Shark fans, a number of last season's returnees, although not listed as starters, saw significant playing time, accumulating valuable experience during last year's incomparable run.

Headlining this group would be two-

way standout Jarrett Stepp. The 6-foot-3 senior standout had a monster game in the Sharks' victory over Nease—on both sides of the ball. Although Jarrett's five receptions, good for 154 yards and two touchdowns, were impressive, that only begins to tell the tale of Stepp's contributions to PV's victory.

Stepp also returned kickoffs and punts that set up great field position for the offense. On defense, he had six unassisted tackles and an eye-popping four pass breakups from his defensive backfield position. Toss in a blocked extra point, and one could easily see why coach Toblin in his post-game interview stated that, "Stepp put us on his back."

Stepp caught 5 of the 8 passes thrown by junior quarterback Jack Murrah, but coach Toblin is well aware that other receivers must step up as Stepp will surely be a marked man by future Shark opponents. Toblin is hopeful that Kyle Barker, currently nursing an ankle injury, will provide Murrah with that needed extra target.

"Right now, our offense is banged up a little bit," said Toblin. "We lost Rafe Stenwall (broken collarbone) very early in our preseason game with Fletcher, and Barker is still saddled with an ankle sprain. We're hopeful of getting Barker back shortly, but we want to be sure he is completely healthy before putting him on the field."

Murrah, faced with the unenviable task of replacing Mr. Florida at the all-important quarterback slot, had a positive debut in the season opener. Although not possessing the speed of foot of his legendary predecessor Nick Tronti, the junior signal caller possesses a very strong and accurate arm. If given protection from his forward wall, Murrah can be a lethal weapon this year.

In addition to missing two of his regular receivers, returning lineman Rob Wortelboer has yet to make an appearance in 2017. The 6-foot-3, 280-pound Wortelboer is battling a mysterious dehydration problem that has kept him sidelined up to this date. Goetz and Connelly will team up with Ben Gaskins, Brock Mayers, Mike Soncrant and Christian Ventouras to provide the necessary protection for Murrah and his trio of running backs: Zack King, Collin Magill and Mark Calvin.

It took King but one game to surpass his entire rushing yardage from the previous year with his 86 yards on 15 carries, including a game clinching 27-yard run on a crucial fourth down play midway through the final quarter.

When asked what pleased him most with the Sharks 8th straight triumph over Nease, Toblin said, "You can look at five or six plays that went our way. Whether it was Jack (Murrah), Jarrett (Stepp) Duncan (Van Kouteren) or Christian DeSanto recovering that onside kick, we had guys make plays when we needed them."

Although the Sharks lost four of their starting defensive backs to graduation, Toblin is hopeful that there will be little drop-off with his fresh crop of 2017 secondary performers. The Shark secondary of Tommy Zitiello, Jake Lytle, Christian Herring, Chris James and Stepp limited

the Nease passing attack to less than 100 yards. Junior Matthews Webster also stepped in and played well when Stepp needed a well-deserved breather.

Toblin does welcome back an experienced set of down defensive linemen and linebackers, spearheaded by Van Kouteren. The Army commit had 10 tackles against the Panthers and is part of a solid trio of backers that also include three-year regular Gibson Pardue and junior Cole McCormick.

Only junior tackle Emory Kingry is a newcomer to a solid defensive forward wall that returns Lichlyter, Zach Summers and Merlini.

Toblin was also pleased with the kicking and punting of Riley Robbins, a transfer from nearby Lake City.

The Sharks hit the road Friday night (Sept. 1) as they travel to Palatka where they face a speedy Panther team that breezed past Yulee 28-7. The two teams did not face one another last season as the game was cancelled due to impending weather concerns that actually failed to develop.

The Sharks obviously will not see the same kind of support at Palatka that packed Ponte Vedra's Shark Stadium against Nease.

"That was an electric atmosphere on Friday night against Nease," exclaimed Toblin. "It was just awesome to walk onto that field and experience that scenario."

The Sharks can expect another packed house when they host St. Augustine on Sept. 8.



226 Solana Rd. (in the Winn-Dixie Plaza) 904.280.1110



BEER AND WINE SPECIALS

Watch Games On Our Flat Screen TV's

www.facebook.com/woodysPVB/

Continually a Top Producer for Watson Realty



Terri goes above and beyond for her buyers and sellers.





904-962-0819

- · Office & residential cleaning
- · Vacation rentals
- · Janitorial services
- · Affordable and dependable

Lewis Champion, III Owner C: (904) 485-2444 righttouch72@gmail.com





EASE HIGH SCHO

Varsity Football Schedule

DATE	OPPONENT	LOCATION	KICKOFF
8/25	Ponte Vedra	Α	L 24-13
9/1	Orange Park	Н	7:00p
9/8	Bishop Kenny	Н	7:00p
9/15	White	Α	7:00p
9/22	Creekside	Н	7:00p
9/29	Matanzas	Α	7:00p
10/13	Middleburg	Α	7:00p
10/20	Saint Augustine	Н	7:00p
10/27	Englewood	Н	7:00p
11/3	Bartram Trail	Α	7:00p





Door in need of a Facelift? don't replace, Refinish!

Coastal Door specializes in restoring the first impression of your home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!



CALL TODAY FOR A FREE QUOTE!

(904) **945-***DOOR* (3667)

Visit us online Today at

www.CoastalDoorRefinishing.com email: info@CoastalDoorRefinishing.com



www.bartrameye.com Serving Jacksonville, Ponte Vedra & St. Johns

904-379-9068

13760 Old St. Augustine Rd. Suite 102 Jacksonville, FL 32258



- PAINT
- YARN
- DRAWING **SUPPLIES**
- CRAFTS
- JEWELRY MAKING
- SCRAPBOOK **SUPPLIES**
- STAMPING ...and much more!

40% OFF **ANY REGULARLY** PRICED ITEM EXP. 12/1/17



24 FOOTBALL PREVIEWPonte Vedra Recorder · August 31, 2017

Nease approaching 2017 as a new year

By Jon Blauvelt and Paris Moulden

After finishing the 2016 season with a disappointing 2-7 record, Nease head coach Tim Krause said this year's team is focused on what's ahead, instead of reflecting on the past.

"As a coaching staff, as players, as a team, I think we spent the offseason kind of putting last year to bed and moving on with what we have this year," Krause told the Recorder following the Panthers' 25-14 win against Yulee in their preseason Kickoff Classic. "We're really excited with what our senior class is like and how they're going to lead us. That's the biggest thing we're looking for, is guys that understand the expectation here is to win and to



Photo courtesy of The Image Caddy

Nease's Jareem Westcott runs with the ball against Yulee in the preseason Kickoff Classic on Aug. 18.

play really hard."

One of those guys is senior Zach Sheffer, Nease's starting tight end who is committed to play football next year at Louisiana State University (LSU). Sheffer said the team's goal for this year is to take it one game at a time. Overall, he said the Panthers feel good about the season.

"We will definitely have a better season this year," said Sheffer. "We've worked too hard not to."

The tight end characterized the Panthers' offensive this year as "complex and multiple."

"We have a lot of formations, shifts and motions," he said. "We are doing some different things this year that I think will pay off."

Speaking of different, Nease will feature a signal caller this year who isn't named Leighton Alley. The three-year starter graduated in May and is being succeeded by junior Preston Staples.

"He's a much different player than Leighton, and anytime you're replacing a three-year starter who has played as much football as Leighton, it's a challenge to find your identity," Krause said of Staples. "But he's done a great job through the offseason, and did a good job in fall camp so we're excited going forward."

Also headlining the offense this year are senior running back Jareem Westcott and senior wide receiver Ashton Wood, who both provided the Panthers with fire-power last year. Senior cornerbacks Kenny Whitehead and Trey Ragin and junior linebacker and safety Jacob Allsup are among a number of playmakers on the defensive side of the ball.

After losing its season opener to Ponte Vedra 24-13, the Panthers will look to pick up their first win of the season tomorrow, Sept. 1, when Nease hosts Orange Park at 7 p.m.

Nease coach breaks down college football recruitment, gives tips for aspiring players

By Samantha Logue

With its characteristically mild-yearround weather, it's no wonder that Florida has earned a reputation for churning out some of the most talented athletes in football.

Each year, college coaches scour the rosters of Sunshine State high schools in search of their future MVPs, and are often successful in finding them here. Especially for players in Ponte Vedra – which is home to not just one, but two high schools known for producing exceptional football talent – the pressures involved in the recruiting process can be tough. According to Tim Krause, head coach of the Nease High School football team, however, a little preparation can help to alleviate some of that stress.

"When someone expresses interest in playing football at the college level, we have an individual meeting with them," Krause said. "Usually we start with trying to narrow down what their dream school is and what they're looking for in a place of further education. Then we give them a list of places that might fit their talent level – or ability level – and places that fit their academics, and then try to guide them towards what they're looking for."

Krause, who is now in his fourth season as head coach at Nease, said that students are often unaware as to what is required of them off the field to obtain offers from the schools they like.

"I don't think kids really understand the impact, sometimes, of what they say



Photos courtesy of The Image Caddy

or how they say it," he explained. "In the recruitment process, it's really like a job interview in that you have to show that you're excited, that you have a passion for football, that you have a passion for academics and that you're willing to work hard. We just try to coach them through that process, and our athletic director and our guidance department do a great job of helping along the way with talks about academics as well, just so they know the NCAA guidelines and eligibility requirements."

According to Krause, college football coaches will usually start visiting schools in either December or January to compile their lists of prospective players for the upcoming year. In the spring, the NCAA

allows the coaches to attend practices, and that is when most of the evaluation takes place.

"They usually follow up with the [high school] coaches and say, 'Here's the kids that we're going to offer a scholarship to," Krause said. "Then also, there's a large number of kids that they really want to see in camp. I think that's the biggest change in the last 20 years in college—they really want to see kids come to camp, be on their campus, work out and run around so they can evaluate them a bit closer."

Krause advised that maintaining the balance between athletics, academics and their personal lives can be difficult for some kids "Especially for the kids that are being recruited really heavily to major schools, it is a challenge," he said. "At some point you have to be honest with schools and say, 'You know what, there's a good chance I'm not going to go to your school. Thank you for your interest.'

"I think that's the toughest part for kids—saying no...so just talking to them about being honest and understanding what they want and what they're looking for, I think, really helps."

For players who are being courted by several schools, the choice of which one to attend can be stressful and difficult. Krause offered some advice for those struggling to determine the best fit.

"I think the big thing when you're making a college decision is that you're picking a place that you want to go to, regardless of if football were there," he said. "You want to try to find a college where you want to spend four years, and once you're there, it's a place that you can embrace and enjoy and really buy into.

"I think, sometimes, kids get sucked into the football atmosphere of it, and the facilities and the things that maybe the coaches want you to see, when really, you should look at the school community [and ask]: 'Who am I going to be going to school with every day? Is this a place my parents can come watch me play? Is this a place I can travel home from? Is this a place that I want to be for four years?' That's the biggest thing I tell kids to look for."

Look to local schools for exciting football

By Jerry Norton

Special to the Recorder

As the Jacksonville Jaguars' struggle to field a competitive NFL team continues, local area football fans have a number of exciting high school alternatives available to scratch their football itch.

First Coast high school football is typically very competitive. In 2016, for example, four local schools appeared in state championship games—Bolles, Trinity Christian (TC), University Christian and Ponte Vedra—and this season looks to be no exception.

This year's inexplicable district re-alignment places three of those teams—Bolles, Trinity Christian and Ponte Vedra—in the new 5A District 4, serving only to intensify the regular season battle for a postseason playoff spot.

Ponte Vedra's Sharks had a dream season in 2016 finishing as state runner-up to American Heritage in one of the most exciting football games imaginable. Unfortunately for the Sharks, all but three starters—wide receiver Jarrett Stepp, lineman Rob Wortelboer and tight end Kit Connelly—on Nick Tronti's juggernaut offense return this season. Stepp can be a difference maker if the Sharks can get him the ball

The new District 4 alignment only adds to Sharks coach Matt Toblin's problems. He will not only have to contend with the two state powerhouses but with Bishop Kenny, Westside and Parker as well. Ponte Vedra will likely need to upset both Bolles and TC to earn a playoff spot.

The local arch-rivalry between the Sharks and the Nease Panthers continues although the teams are not in the same classification. Last Friday, the two squared off at the Shark Tank in what has been dubbed The Battle of the Bridge. The Sharks ultimately defeated the Panthers 24-13.



hoto by Jerry and Chris Norton

Ponte Vedra's Jarrett Stepp tackles Nease's Jareem Westcott last Friday during the season opener for both teams.

A much longer and equally intense local rivalry—that between the St. Augustine Yellow Jackets and Nease—pits two 6A District 4 teams at the Panthers' field in October, a matchup that will probably decide that district title.

Nearby neighbors Bartram Trail, Creekside and Oakleaf all compete in 7A District 3 along with Fleming Island and Buchholz. Don't ever count Bears coach Darrell Sutherland out when it comes to winning big football games.

Getting back to the Jaguars. Too many notoriously bad or at best questionable draft selections over the years have undermined improvement of the team, and this year's version does not look to be very competitive either.

Wouldn't it at least be exciting to have a former local high school star on the team? The Jaguars had a chance but passed on former Panther, Florida and Denver quarterback Tim Tebow when he would certainly have had a major impact on attendance and might even have helped the team.

This season they failed to land another Nease star, center Lucas Crowley, a threeyear-starter for the ACC North Carolina Tar Heels. Crowley is now on the roster of the Washington Redskins but might have been able to help the O-line of the Jags had they pursued him. At least, like Tebow, he would have attracted plenty of hometown fans.

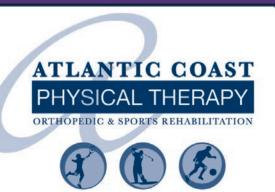
Sit back now and enjoy the season. There are certain to be plenty of surprises.

Introduce Yourself to Thousands of Local Customers

Network effortlessly with easy advertising in Here's My Card. This specialized directory will be filled with valuable advertising geared toward local consumers searching for services like yours. Contact one of our helpful ad consultants today to make sure they can find your information in this handy reference guide.







Rehab where the Senators do!

Contact Eva McAlister DPT, ATC, LAT or Michael Holcombe ATC, LAT

904-221-4046

13595 Atlantic Blvd., Ste. B • Jacksonville, FL 32225



Go Senators!

Jacksonville's trusted source for Embroidery, Screenprinting and Design Services for over 15 years!

- Company work-wear
- Custom screen printed t-shirts
- Promotional items

Visit our website to get a free quote.

STITCHES & SCREENS

1939 Mayport Rd. • Atlantic Beach, FL 32233

(904) 246-7616

www.stichesandscreens.com





Family Owned for Over 25 Years



Football Schedule

DATE	OPPONENT	LOCATION	KICKOFF
8/25	Bishop Kenny	Α	0-23 (L)
9/1	Terry Parker	Н	7:00 PM
9/8	Englewood	Н	7:00 PM
9/15	Atlantic Coast	Н	7:00 PM
9/22	White	Α	7:00 PM
9/29	First Coast	Α	7:00 PM
10/13	Andrew Jackson	Н	7:00 PM
10/20	Columbia	Н	7:00 PM
10/26	Lee	Α	7:00 PM
11/3	Mandarin	Α	7:00 PM





Atkinson Shoe Repair

1245 Third St. S Jacksonville Beach. FL 32250 Full Service Repair Shop

904-249-3977

RETAIL SHOE CARE PRODUCTS FITTING AIDS

www.atkinsonshoerepair.com



Coastal Door specializes in restoring the first impression of your home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!



CALL TODAY FOR A FREE QUOTE! (904) **945-DOOR** (3667)

Visit us online Today at www.CoastalDoorRefinishing.com ail: info@CoastalDoorRefinishing.com



1534 3RD ST. NORTH | JACKSONVILLE BEACH

The brain game in youth football

Concussions represent a hot topic, but coaches, leagues and others are making safety a top priority

By Paris Moulden

Will Smith starred in a movie about it. The NFL is expected to pay \$1 billion because of it.

The NCAA, several universities and even Pop Warner programs are being sued

The dreaded concussion and the possible long-term effects it can have on football players – at any level – represent a major concern and the subject of countless debates over whether enough is being done to protect players.

For thousands of kids across the country, youth football provides the chance to be a part of a team, to emulate their sports heroes and to play America's favorite game. But reports of players suffering lifelong problems, the astonishing rate of CTE (Chronic Traumatic Encephalopathy) cases in pro athletes and the rash of recent lawsuits have made some weary about allowing their kids to play football, while others believe the recent exposure of concussion effects have made the sport safer and those leading it more educated.

So how much risk is there really? And is it worth the reward?

Local youth league coaches and leaders feel good about the changes that have been made.

Scott Haak, director of coaching and player safety for the Junior Development League of Ponte Vedra, believes the pros of playing youth football far outweigh the

He said, at least in the Junior Development League of Ponte Vedra, safety is a

"There are so many great things kids learn from football," said Haak, who has been a physical therapist at the Mayo Clinic for 17 years and also specializes in sports medicine.

One of the measures Haak said the JDL teaches to reduce the number of head injuries is the shoulder-tackling model, rather than hitting with the head. They spend much of their time learning "on air," he said, by going through the motions with footwork and technique, participating in no more than 30 minutes of live contact. Haak said working on hand placement, resistance and learning proper technique makes up the majority of practice and better prepares kids to play at a higher level.

"JDL is engineered to be about the kids," Haak said.

Kids in the league play at every position and are matched up based on ability rather than other factors, like size. Haak said in his four years of coaching in the league, he had only one reported concussion on his team. He attributes the low number of head injuries in the JDL to training and education of the coaches and the diligence the JDL has in assessing possible injuries.



Photo courtesy of metrocreativeconnection.com

In the JDL, Haak explained that players are given baseline testing to assess their brain function, and any possible head injury is immediately assessed through the baseline test as well as other tests and dealt with quickly.

"If in doubt, pull them out," Haak said.

The majority of head injuries, he continued, result from improper tackling, especially when it comes to skill players, and proper technique is the best way to prepare kids for future football careers.

"The biggest concern is tackling" he said. "It's much better to start in a developmental program. We work a lot on the fundamentals of blocking and tackling."

He also said unlike some other youth football programs in the nation, which has seen a decline in participation because of the fear of concussions, the JDL hasn't faced a drop-off.

"The parents that bring kids out to play don't seem to have reservations," Haak said. "Maybe because they trust us."

But for many youth football players, the most important part of playing is just

"We put kids having fun and safety above winning," Haak said. "Adult competition is not what we do. The reason kids play sports is to have fun."

Forward progress

Eric Henkel, former commissioner of the JDL in Ponte Vedra and member of the Ponte Vedra Palm Valley Athletic Association (PVAA) football board for 12 years, said during his time in the area youth league, safety was a focus early on.

The JDL and PVAA leagues follow the "Heads Up" Initiative from USA Football, which promotes safety first and a focus on

"We have seen a decline," Henkel said of concussions in youth programs he's been involved with. "The JDL and PVAA were on the forefront of USA Football's 'Heads Up' Initiative."

For Henkel, knowledge is key, particularly for coaches and parents.

"Coaches, team moms know how to fit the equipment properly and be aware of signs of any head injury," he said.

Henkel said the local youth programs have made significant investments in safety, including better equipment and training for coaches, including "teaching coaches different techniques to ensure heads are protected at all times."

"All of us are on the same page to make sure we're making this game as safe as possible," Henkel said.

He believes the safety protocols area youth leagues have in place have instilled confidence in parents who may have had doubts about letting their children play youth football.

"Participation has grown over the last couple of years," Henkel said. "We've been good at communicating what we're doing and how we're doing it."

Protecting players

Throughout the state of Florida, youth football players had an ally in government in 2012 when it came to concussion safety, thanks to a bill that was passed making medical scrutiny more stringent and requiring better training for coaches, schools and leagues.

Former State Rep. Ronald Renuart of

Ponte Vedra spearheaded the legislation and Gov. Rick Scott signed the bill into law on Oct. 12, 2012 at Ponte Vedra High School. The law expanded on rules set by the Florida High School Athletic Association (FHSAA) to include youth leagues

Renuart, who is a physician with Baptist Medical Center, said he was proud of the efforts made in legislature through the bill and believes coaching has changed for the better in the years since the bill became

"What it's actually shown in the sports community, at the high school and middle school level, is that education about concussions has grown considerably," he said.

Renuart said that education is critical and must extend beyond just having better

'There has to be proper coaching," he said. "You want to look to have kids participate in a program that has formal training in safety measures."

Despite the growing controversy over concussions in football, Renuart believes kids shouldn't be scared off from compet-

"Participating in sports is part of the growing process," he said. "We just want it to be as safe as possible."

Renuart pointed out that the biggest problem regarding head injuries was players returning before they were completely healed and suffering another hit to the head, which causes the most lasting damage to the brain, especially in a young person whose brain is not fully developed. That's why, he said, a combination of bet-

CONCUSSIONS continues on Page 30

JACKSONVILLE MAGAZINE "BEST REALTORS IN JACKSONVILE" JACKSONVILLE BUSINESS JOURNAL "TOP REALTORS IN JACKSONVILE"





LUXURY HOME BROKERS Jack@LuxuryHomeBrokers.com Cell: 904.607.4196

PV3-LV41880















Visit us online Today at



COMFORT SAWGRASS VILLAGE | PONTE VEDRA BEACH

36 Years of the Best in BBQ!

226 Solana Rd. (in the Winn-Dixie Plaza) 904.280.1110



BEER AND WINE SPECIALS

Watch Games On Our Flat Screen TV's

www.facebook.com/woodysPVB/

Elizabeth Hudgins, **REALTOR®**

904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com



"From Cottages To Castles"



BERKSHIRE HATHAWAY **HomeServices**

Florida Network Realty

A member of the franchise system of BHH Affiliates, LLC



- · Office & residential cleaning
- · Vacation rentals
- · Janitorial services
- · Affordable and dependable

Lewis Champion, III Owner C: (904) 485-2444 righttouch72@gmail.com





Junior Varsity Football Schedule

DATE	OPPONENT	LOCATION	KICKOFF
8/24	Nease	Α	6:00p
8/31	Palatka	Н	6:00p
9/7	St Augustine	Α	6:00p
9/14	Creekside	Н	6:00p
9/21	Mandarin Christian B Squad	Н	5:00p
9/21	Pedro Menendez A Squad	Н	6:30p
9/27	Fletcher	Α	6:00p
10/4	Fleming Island	A	5:30p
10/5	Clay	Н	6:00p
10/12	Episcopal B Squad	Α	6:00p
10/12	Bishop Kenny A Squad	Α	6:00p





Door specializes in restoring the first impression of vour home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood. metal or fiberglass, Coastal Door will make it beautiful!



CALL TODAY FOR A FREE QUOTE!

(904) **945-***DOOR* (3667

Visit us online Today at www.CoastalDoorRefinishing.com email: info@CoastalDoorRefinishing.com

Continually a Top Producer for Watson Realty



Terri goes above and beyond for her buyers and sellers.



904-962-0819

PVArts & Crafts **FORMERLY CRAFTS & MORE**

- PAINT
- YARN
- DRAWING **SUPPLIES**
- CRAFTS
- JEWELRY MAKING
- SCRAPBOOK **SUPPLIES**

• STAMPING ...and much more!

40% OFF **ANY REGULARLY** PRICED ITEM EXP. 12/1/17



Q&A with Atlas Physical Therapy & Sports Medicine

Employees from Atlas Physical Therapy, with two offices in St. Augustine and one in Jacksonville, answer questions via email about sports-related concussions:

- Adam Schoenberg MPT, ATC, LAT; licensed physical therapist and certified and licensed athletic trainer.
- Jordan Monroe ATC, LAT; certified athletic trainer. Atlas liason to Nease HS sports medicine.

Have you seen an increase/decrease in the number of concussions involving young athletes, particularly football players?

Schoenberg: The most cited value for sports and recreation-related concussions (SRCCs) is 1.6 to 3.8 million incidents each year in the U.S. This was taken from a 2006 article in the Journal of Head Trauma Rehabilitation. A more recent study was published in the Journal of the American Academy of Pediatrics that estimates 1.1 to 1.9 million SRCCs each year. This may appear as a decrease, but the likely explanation is improved reporting that has seen a better assessment and measure of true SRCC.

Monroe: Anecdotal evidence suggests a decrease in the number of concussions associated with high school football players; however, there was no change, if not an increase, in concussions amongst middle school-aged football players. This could be attributed to a number of things, including better understanding and education of concussions amongst high-school level coaches, as well as athletes and parents, sports medicine staff availability, proper equipment fitting, and improvement in skills, including tackling and hitting.

Have you noticed more concussions in football players than those involved in other sports? What is the most common injury seen in young football players?

Schoenberg: American football remains one of the most prevalent sports in the U.S. for SRCCs; however, a study performed in a British journal that looked at worldwide sports saw rugby and hockey as more prevalent for SRCCs

Monroe: Anecdotally ... yes. Due to the repeti-

tive nature of football and high frequency contact associated with the sport, concussions are more commonly seen amongst these athletes than any others. Football players not only risk suffering a concussion from impact with another player. They're also susceptible to receiving a concussion when their head hits the ground. All contact sports predispose an athlete to increased risk of concussion because the number of mechanisms for injury are greater.

How long should a person diagnosed with a concussion refrain from physical activity? Would the timeframe be longer for football?

We follow the guidelines set forth by the Florida High School Athletic Association (FHSAA).

1. The first criteria before returning to any exertional activity is that the individual must be symptom-free and cleared as such by an M.D. or D.O.

- 2. Once they are determined to be symptomfree they will begin a graded, five-phase return to play protocol. The individual must pass all five phases of the protocol without symptom aggravation during or 24 hours after each phase.
- 3. Once they have passed the five-phase test and are cleared by a M.D. or D.O., who may request additional testing/imaging, then they may return to sport. There are no differences in return to play for football players versus other sports. Testing and criteria is specific to the individual.

Does Atlas use any different or unique techniques to treat concussions? What role does physical therapy play in the treatment of concussions?

Schoenberg: Atlas is unique in that we have all of the tools to treat concussed individuals outside of physician-ordered imaging. We have physical therapists trained in vertigo assessment and treatment and athletic trainers who are well-versed on the return to play criteria and process and can be onsite with the athlete as they resume their sport. Our team of physical therapists and athletic trainers work with a large population of athletes and we have the means to replicate their sport within our facility or by going out to the field. Additionally we offer a concussion management program in which we provide baseline testing for individuals who are not offered this by their school or association.

Concussions

Continued from 27

ter equipment, specialized training and how injuries are handled is so important.

"We don't want to ruin their opportunities at a young age," Renuart said.

A parent's dilemma

For many parents, though, it can be a tough call to allow a child to play tackle football, especially when they don't always know what and how techniques are being taught.

Cle Cooks' 11-year old son plays flag football, and Cooks isn't particularly interested in seeing him make the move to tackle football any time soon.

"My son Michael has played flag football for the last six years, and he loves it," said Cooks, a Jacksonville resident. "He never really expressed an interest in playing tackle, which we were fine with. Partially because of the concussion risks and my doubts about some coaches at that level caring about what's best for my child and his health over winning games."

Cooks said Michael did suffer a concussion, however, but from a fall at school and not on the football field. But because of the injury, Cooks is even more wary of letting Michael play tackle football.

"Now that he already has a concussion history, I don't think it would be prudent for us to allow him to play tackle until he is older and has had significant time to heal from the trauma," Cooks said.

Cooks isn't completely closed to letting Michael play at a higher level if he chooses, but would definitely want to know what techniques are being used to prepare him.

Cooks said trust in coaches and leagues is definitely an important factor in allowing your kid to play youth football, but agrees that enjoyment is also a top priority.

"I want him to play for the love of

Concussion symptoms

- Headache, dizziness, loss of consciousness, amnesia, "pressure in head," confusion, memory difficulties, balance and coordination deficits, lightheadedness, ringing in ears (tinnitus), changes in personality, vertigo, sleep disturbances, fatigue, nausea/vomiting, light sensitivity, fatigue/drowsiness and personality change.
- Associated symptoms commonly seen from head/neck trauma but not directly related to concussion: neck pain, back pain, shoulder pain, swelling and bruising.

Diagnosis

- Self reporting measures relying on questions and answers administered by a healthcare provider looks at accuracy of response and quality of response.
- Neuropsychological measures such as impact testing or vital signs uses a standardized test to measure an individual's post-concussion scores against pre-concussion testing baselines or database norms.
- Medical imaging.

Treatment

- First and foremost is to refrain from any activity that may put the individual at risk for an additional concussion
- Rest and avoidance of overly stimulating activities including school, video games and electronic devices
- Physical therapy for associated musculoskeletal complaints, vertigo, balance and coordination deficits

Provided by Atlas Physical Therapy & Sports Medicine

the game and to have fun," Cooks said. "I don't have to worry about playing for a scholarship or trying to get into the NFL. If he eventually decides that is what he wants, then we can have that conversation and find a team and coaches that I trust, but until then, he can learn the fundamentals while playing flag football. He won't know how to take a hit until then, but we have time for that."

Cooks also acknowledges that not every kid in youth leagues will keep playing, and not every future NFL star competed in tackle football in their youth.

"It's not for every kid, and there have been plenty of players who didn't play a down of football until high school," he said. "And why do the damage to their bodies at that age, if you don't have to?"

For some parents, the idea of not playing is worse.

For example, Haak isn't just a youth football coach and physical therapist. He's also the father of a youth football player and believes the benefits outweigh the concerns, especially given the current focus on safety and technique. He says better health, building confidence and learning teamwork are just some of the benefits of youth football.

"The risk of not playing is much higher than the risk of playing," Haak said.





PROUD PARTNER OF THE JACKSONVILLE JAGUARS

FIELDSAUTO.COM













PV2-LV41958



www.bartrameye.com
Serving Jacksonville, Ponte Vedra & St. Johns

904-379-9068

13760 Old St. Augustine Rd. Suite 102 Jacksonville, FL 32258



Elizabeth Hudgins, REALTOR®

904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com



"From Cottages To Castles"



BERKSHIRE HATHAWAY HomeServices Florida Network Realty

a A member of the franchise system of BHH Affiliates, LLC

JACKSONVILLE



JACKSONVILLE JAGUARS

2017 Regular Season Schedule

DATE	TIME	OPPONENT/LOCATION
Sept 10	1:00 p.m.	at Houston Texans
Sept 17	1:00 p.m.	Tennessee Titans
Sept 24	9:30 a.m.	Baltimore Ravens
Oct 1	1:00 p.m.	at New York Jets
Oct 8	1:00 p.m.	at Pittsburgh Steelers
Oct 15	4:05 p.m.	Los Angeles Rams
Oct 22	1:00 p.m.	at Indianapolis Colts
BYE		
Nov 5	1:00 p.m.	Cincinnati Bengals
Nov 12	1:00 p.m.	Los Angeles Chargers
Nov 19	1:00 p.m.	at Cleveland Browns
Nov 26	4:25 p.m.	at Arizona Cardinals
Dec 3	1:00 p.m.	Indianapolis Colts
Dec 10	1:00 p.m.	Seattle Seahawks
Dec 17	1:00 p.m.	Houston Texans
Dec 24	4:05 p.m.	at San Francisco 49ers
Dec 31	1:00 p.m.	at Tennessee Titans

DR. PENNEY WEEKS

DR. CARLA FIELD

would like to invite you to see their beautiful office located at

228 Ponte Vedra Park Dr., Suite 100, Ponte Vedra Beach

(1/4 mile south of Target)



They would welcome the opportunity to provide you and your family with excellent state-of-the-art dental care.

Their office and staff are very warm and inviting. Both kids and adults will enjoy watching television during their dental visit.

They specialize in a large variety of dental procedures, including dentures, one visit crowns, tooth-colored fillings, whitening, as well as regular oral hygiene maintenance.

New patients welcome!

Please call 285-1990 to schedule an appointment.

WWW.PENNEYWEEKS.COM PV2-LV4188



Coastal Door specializes in restoring the first impression of your home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!



904) **945-DOOR** (3667) Visit us online Today at

www.CoastalDoorRefinishing.com email: info@CoastalDoorRefinishing.com





Frame your family pictures, sports memorabilia, graduation, wedding, shadow box...etc. Over 25 local artists to choose from.

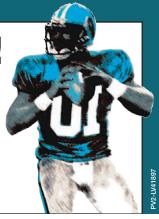
904.249.2222

904.249.222 Open Monday - Saturday • Behind Poe's in Shoppes of Northshore, Atlantic Beach

GO JAGUARS!



(904)285-8831 pontevedrarecorder.com



32 FOOTBALL PREVIEWPonte Vedra Recorder · August 31, 2017

Youth coach: Adults are ruining kids' sports

By Benjamin Naim

Jerry Norton, a retired aerospace engineer and lifelong youth sports coach in the Ponte Vedra area, believes adults should minimize their role in youth sports and refocus their attention on teaching valuable lessons to young athletes.

In his book entitled "Unintended Consequences: How adults took the fun out of youth sports," Norton argues that parents and coaches are hurting youth athletes by getting too involved.

"The book explains why parents, why adults, and that includes parents and coaches, have ruined kids' sports," Norton said. "Not that there aren't good coaches out there, there are many good coaches and many good parents, but the preponderance of adults in youth sports have really upset the whole applecart."

Norton revealed that, historically, youth sports were intended to be recreational activities for kids to come together and play in local communities – until adults got involved in 1948.

"Youth sports became the golden egg for parents, and money and scholarships," he said. "With those things at stake, parents got severely involved and very poorly involved."

Parents began to overvalue winning, and coaches stopped teaching fundamentals, Norton added. Instead of preoccupying themselves with wins and losses, the youth sports coach said adults should be trying to strike a healthy balance between "competitive" and "fun."

"They shouldn't be exclusive; what happens, if you do it right, then you're assured that both will be critical pieces," he said

Youth sports should be "kid competitive" rather than "adult competitive," explained Norton, because overzealous coaches can harm the physical and mental wellbeing of young athletes by pushing them too far.

"That's when coaches do crazy things to win," he said. "They'll have their players use diuretics to make weights."

Citing a hot-tempered flag football

coach who physically abused a young athlete after dropping a pass, Norton noted that fervid adults can endanger the health and safety of kids. In doing so, Norton argued that such behavior has been used as a pretext for youth football detractors to identify the sport as "uniquely dangerous" because adults have chosen to value winning over safety.

"But football is not a uniquely dangerous sport," Norton contended, citing an article entitled "In Defense of America's Game" that he said provided "very good insight."

According to Norton, part of the problem is kids are being taught that winning itself is more important than striving to

"Striving to win is the lesson, having nothing to do with football, having mostly to do with life," he said. "You should always try to do your best, you should always strive to be better, strive to do well, strive to do better than the next person. That's what competition is all about, and I have no problems with competition."

However, Norton delineated between 'striving to win" and being obsessed with

"That [obsession] is not striving to win," he said. "That's an overzealous coach more consumed with winning than having his players learn how to get better and then how to excel and then how to compete."

Norton's book also covers the verbal abuse of officials by parents and coaches, which the author decried as behavior that doesn't belong in youth sports. Norton admitted that some level of heckling might be part of the culture of professional leagues, but he explained that it is "not what should happen" in youth leagues. Conversely, Norton said coaches should act as referees, mentors and instructors for both teams to help kids improve while maintaining a fun, competitive atmosphere.

Norton's book is available on Amazon in paperback for \$14.95 and via Kindle for \$6.99. For more information, visit http://www.coachjerry.com/.

Sports Spotlight: Marshall Few

Marshall Few is a former Ponte Vedra High School wide receiver and current freshman football player at the University of Miami, where he is also a member of the school's Air Force ROTC program.

How's everything going at Miami?

Everything right now is going really smoothly. I fit in pretty well. I love the people here. It's actually a big family more than it is a team. It's a good experience. The team runs a little bit like Ponte Vedra's team. It feels very similar. Now that we're going into game week and the way that we're preparing for Bethune-Cookman and what goes on in our meetings and how practice is set up, it's literally just a more advanced version of what we did in high school. Our coaches at Ponte Vedra...the way they coached is so similar to the college way that it really is incredible. I don't understand how they did that or how they know.

What have you been working on?

I just have to keep my nose in my playbook and just learn how to keep up with the speed of the game. Everybody said college would be fast, but I didn't realize it would be this fast. I'm picking up on it pretty well. There's always room for improvement. I just have to keep my head straight and stay focused during practice. Hopefully I can earn a spot later down the road.

How do you think you'll contribute to the team this year?

I'll probably be on the practice squad and scout team. I am on a couple special teams units, not as a starter but as a backup.

What's it been like playing for coach Mark Richt?

Before I got here, everybody had their own story about coach Richt and how great he was as a person

and as a coach. You could talk to anybody on campus, and they would say something special about him. You come to realize...after I've been here since May, all of those things are true and then some. He's a great guy. I'm very lucky to be playing for him.

What's been your favorite part of the experience?

I think my favorite part is still yet to come. I think it's going to be being able to see that W column on Saturday, week to week.

What's been most challenging so far?

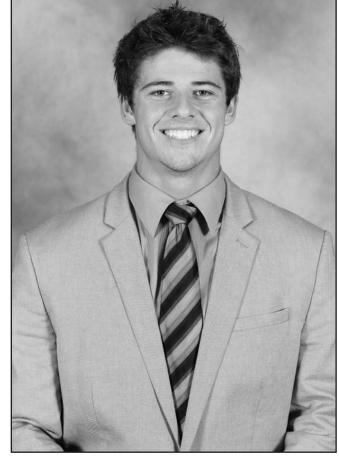
Definitely football wise, it's the speed of the game. Lifestyle wise, it's changing from being with your parents to being on your own and being able to handle classes and responsibilities. It's definitely a lot different from high school. You're on your own, and it's the real world, which is kind of cool. It's scary at first, but once you start to get into the groove of things, it gets easier. And then I'm also doing Air Force ROTC as well. Trying to balance that out with football is pretty tough. My coaches have been working with me on it, and they support me completely with ROTC. And ROTC supports me completely with football. I'm so grateful and blessed to get this opportunity.

What do you plan to study at Miami?

I'm doing criminology. I thought it would help with ROTC. My dad has been in the army for 30 years. The military does really interest me. I'm going to try and pursue that after my playing days are over. I'll be in the Air Force for a minimum of five years. I'm looking forward to it.

What are the team's expectations for this year?

We're going to win it all. I just have a strange feeling we're going to be pretty good this year.



Marshall Few

How did Ponte Vedra help you get to this point?

It's not really anything that I did personally. It's the people at Ponte Vedra that ultimately got me to where I am today. I thank every single one of them, whether it's coaches, teachers, friends, family. The people you surround yourself with really impacts who you turn out to be in the future. I was lucky enough to have a great family supporting me my entire school career and friends that always had my back. When you have that type of support, I don't think anything can stop you.

Ponte Vedra Recorder · August 31, 2017

FOOTBALL PREVIEW 33

Crowley traded from Steelers to Redskins

Former Nease standout joins third NFL squad in four months

By Jon Blauvelt

Lucas Crowley awoke to a nontraditional wakeup call in his hotel room in Pittsburgh last week: A staff member from the Steelers was on the other line, informing him that he had been traded to the Washington Redskins.

"It's definitely strange," said the former Nease standout about the transaction. "It's better than being cut."

Crowley, a center, was traded from the Steelers to the Redskins in exchange for cornerback Dashaun Phillips. The Ponte Vedra native and NFL rookie joins his third NFL squad in four months after graduating from the University of North Carolina, where he was a four-year starter and two-time Rimington Trophy nominee, an award given annually to the top center in college football.

The 6-foot-3, 290 pounder signed with the Arizona Cardinals as an undrafted free agent in May. He worked with the Cardinals throughout Organized Team Activities (OTAs) and rookie summer workouts. On the first day of training camp in July, however, team staff notified him that he was being released to make room for an additional linebacker.

"When I was cut from Arizona, you don't know what your next option will be due to the fact you don't have a home," said Crowley. "Your name goes on the waiver wire. You wait for a few weeks, a day or however long it takes."

For Crowley, it took about two-and-a-half weeks to find his next home. Upon being cut from the Cardinals, he returned home to Ponte Vedra to train. He received his first call from the Carolina Panthers, who he worked out with but never received any further interest from. The Pittsburgh Steelers were next in line. They flew Crowley up to the Steel City where he signed and spent the next two-and-a-half weeks, before being traded to Washington via hotel wakeup call.

Four months into his NFL career, Crowley has played for three teams and has been both cut and traded.

"Everybody you talk to says, 'Welcome



Photo submitted by Jerry Norton

 $Former\ Nease\ standout\ Lucas\ Crowley\ (68)\ plays\ for\ the\ Panthers\ against\ Fleming\ Island.$

to the NFL," said Crowley. "It's just kind of the way it goes for some people."

Although it's been a tough journey, Crowley is focusing on the positives. He said he's fortunate to have learned three different NFL offenses and built relationships with people around the league.

He's also learned to take advantage of every opportunity, because he said you never know when it will be the last.

"You never know what's going to happen in this job," he said. "You never know when someone else needs you or when you'll be let go."

That's exactly the mentality Crowley is taking into Washington, whose fourth and final preseason game is Aug. 31 at 7:30 p.m. versus the Tampa Bay Buccaneers.

"Every rep I get, I want to take full advantage of it," he said. "I want to do the best I can and show the coaches I'm worth a spot on this team and that I can help the team out."

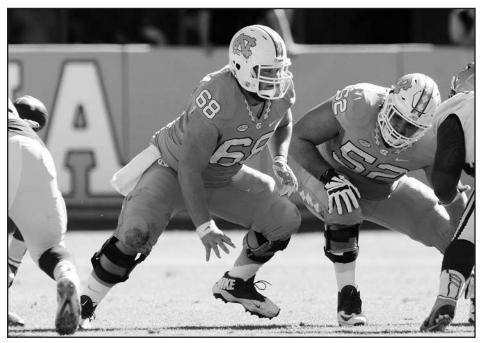


Photo by Jeffrey A. Camarati, UNC Athletic Communications

Crowley plays for North Carolina against James Madison University on Sept. 17, 2016.

Tailgate Fest 2017 to feature live music, food, drinks and football

The first ever Charity Tailgate Fest & Flea Market fundraising event supporting the American Legion will take place Sept. 2 from 8 a.m. to 11 p.m. at 560 N. Wilderness Trail in Ponte Vedra Beach.

Tailgate Fest 2017 will feature a flea

market starting at 8 a.m. and live music at 1 p.m. Additionally, the University of Florida/Michigan game will be shown on a big screen at 3 p.m., along with the Florida State/Alabama game at 8 p.m. Other NCAA games will be shown throughout the

day, and there will be food, games (such as cornhole) and drinks. Admission is free.

A portion of the proceeds will go directly to the work of the American Legion and its charitable affiliates. The organization mentors youth and sponsors programs advocating strong national security, patriotism and continued devotion to service members and veterans. The organization raises millions of dollars in donations at the local, state and national levels to help veterans and their families during times of need.

Here to help you buy, build or renovate.

RICKI TAYLOR

NMLS ID 664168 • AVP, Mortgage Loan Originator 7768 Ozark Drive • Jacksonville, FL 32256 Office 904.997.7663 • Mobile 904.382.1607 rickitaylor@synovusmortgage.com

Synovus Mortgage is a subsidiary of Synovus Bank. All loans subjected to credit approval. Equal Housing Lender.

2014, 2015 and 2017 Jacksonville Five Star Mortgage Professional







Elizabeth Hudgins, REALTOR®

904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com



"From Cottages To Castles"



BERKSHIRE HATHAWAY HomeServices Florida Network Realty

a A member of the franchise system of BHH Affiliates, LLC

......

......

KICKOFF 9/2 APPALACHIAN STATE Н 6:15p 9/9 NOTRE DAME 7:30p 9/16 SAMFORD 7:30p Н 9/23 MISSISSIPPI STATE TBA 9/30 **TENNESSEE** TBA 10/7 **VANDERBILT** TBA 10/14 **MISSOURI** TBA 10/28 FLORIDA TBA 11/4 SOUTH CAROLINA TBA 11/11 **AUBURN** TBA 11/18 KENTUCKY Н TBA 11/25 Н TBA GEORGIA TECH



GAME TIME!



Coastal Door specializes in restoring the first impression of your home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!



CALL TODAY FOR A FREE QUOTE! (904) **945-DOOR** (3667)

Visit us online Today at www.CoastalDoorRefinishing.com email: info@CoastalDoorRefinishing.com

PROVIDENCE HIGH SCHOOL

Football Schedule

DATE	OPPONENT	LOCATION	KICKOFF
8/25	University Christian (Jacksonville, FL)	Н	(L) 42-14
9/1	Fort White (Fort White, FL)	Н	TBA
9/8	West Nassau (Callahan, FL)	Н	7:00p
9/22	North Florida Christian (Tallahassee, FL)	Α	7:30p
9/29	Lake Highland Prep (Orlando, FL)	Н	7:30p
10/6	Wolfson (Jacksonville, FL)	Α	7:00p
10/13	Episcopal School of Jacksonville (Jacksonville, FL)	Н	7:00p
10/20	Trinity Catholic (Ocala, FL)	Н	7:00p
10/26	Atlantic Coast (Jacksonville, FL)	Н	7:00p



Elizabeth Hudgins, REALTOR®

904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com



"From Cottages To Castles"



BERKSHIRE HATHAWAY HomeServices Florida Network Realty

a A member of the franchise system of BHH Affiliates, LLC

2-LV41932

Tailgate time: Grilling tips from a local pro

By Jon Blauvelt

With football season in full swing, the Ponte Vedra Recorder connected with Chef Tommy McDonough, the owner of international sandwich shop Flavor Palette in Ponte Vedra Beach, to ask him a few questions about what it takes to become a grill master.

What are some of the secrets behind grilling right?

- Be patient!
- Bring your meats up to room temperature (roughly 30 to 45 minutes) to ensure even cooking.
- Rest your meats for five minutes after cooking before cutting to prevent juices from running onto the cutting board instead of the meat.
- Since meat temperatures carry over to a higher temperature while resting, take your meats off somewhat earlier than you would think. For example, if you want your meat done medium, take it off the grill at medium rare.
- Use a combination of direct and indirect heat by loading coals to one section of the grill. Directly above the coals is where you will sear items; the side without coals should be used to bring items to the desired temperature without burning.



Photo courtesy of metrocreativeconnection.com

For the novices out there, which gear/ equipment would you recommend someone buy to ensure they're ready to fire up the grill?

I have a strong preference towards charcoal models such as the Big Green Egg or Weber. As far as tools and supplies go, I suggest having long grill tongs, a grill spatula, a meat thermometer, spray bottles, a basting brush, oven mitts, side towels and a fire extinguisher.

Other than hamburgers and hot dogs, what are some easy foods people can prepare with a grill?

Just about anything can be made on the grill. Give your veggies a little boost,



Tommy McDonough shares his grilling tips to get you going this football season.

especially summer veggies such as asparagus, zucchini, corn and peppers. Flatbread pizza, grilled potato salad and shellfish such as clams, lobster and shrimp are also good on the grill.

What can people do to add flavor to their foods on the grill?

Marinate items overnight, use dry rubs and baste your foods with flavor liquids such as apple juice on pork items. Another pro move is to use fruit woods soaked in apple juice.

When it comes to football season, which foods would you recommend for the grill?

- Chimichurri marinated hanger steaks
- Jerk chicken
- Pastor marinated pork for tacos
- Experiment with different types of sausages such as merguez and bratwurst.

What safety measures should people take while grilling?

This can be a lengthy answer so I will address two main points.

Part one has to do with food safety and cross contamination with raw meats and cooked/ready-to-eat foods. Always wash your hands and use designated tongs when handling raw chicken. Always use a thermometer to make sure chicken reaches a minimum internal temperature of 165 degrees.

Part two has to do with fire safety. Make sure your grill is at least 10 feet away from your house and any combustible materials. Make certain the grill is stable without any wobbles or leans. If flare ups occur, instead of using water, close the grill lid and air ports. (Without oxygen fire can't exist!)

What do you enjoy most about cooking on a grill?

I find it very therapeutic! Compared to the very fast-paced reactive cooking in professional kitchens, grilling is forced relaxation. I love being outdoors and getting in touch with my inner cave man.

Contact Tommy McDonough at Flavor Palette at (904)834-3339.



Photo courtesy of metrocreativeconnection.com

FREE ADS!

The Recorder is now offering all Garage/Yard Sale & Lost/Found Classified ads at no charge to you!

Free ads are up to 4 lines. Additional lines may be purchased. Deadline is Monday by 3PM to be in following Thursday Publication.



Contact Us Today!

aprils@opcfla.com at 904-686-3937

5 / PV2-LV41858

JACKSONVILLE MAGAZINE "BEST REALTORS IN JACKSONVILE" JACKSONVILLE BUSINESS JOURNAL "TOP REALTORS IN JACKSONVILE"





LUXURY HOME BROKERS Jack@LuxuryHomeBrokers.com

Cell: 904.607.4196



904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com

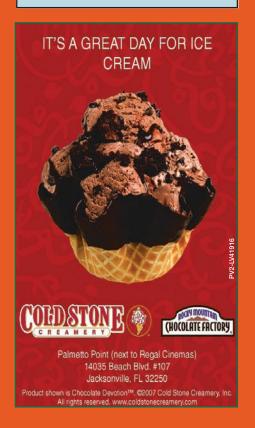


"From Cottages To Castles"



BERKSHIRE HATHAWAY **HomeServices** Florida Network Realty

a A member of the franchise system of BHH Affiliates, LLC





FLORIDA GATORS

FOOTBALL SCHEDULE

DATE	OPPONENT	LOCATION	KICKOFF
9/2	Michigan	Α	3:30PM
9/9	Northern Colorado	Н	7:30PM
9/16	Tennessee	Н	3:30PM
9/23	Kentucky	Α	TBA
9/30	Vanderbilt	Н	TBA
10/7	LSU	Н	TBA
10/14	Texas A&M	Н	TBA
10/21	Bye Week		
10/28	Georgia	Ν	3:30PM
11/4	Missouri	Α	TBA
11/11	South Carolina	Α	TBA
11/18	UAB	Н	TBA
11/25	Florida State	Н	TBA

GATORS!



(904)285-8831 pontevedrarecorder.com



www.bartrameye.com Serving Jacksonville, Ponte Vedra & St. Johns

904-379-9068

13760 Old St. Augustine Rd. Suite 102 Jacksonville, FL 32258





Coastal Door specializes in restoring the first impression of your home, let us make vour door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!



CALL TODAY FOR A FREE QUOTE! (904) **945-DOOR** (3667

Visit us online Today at

www.CoastalDoorRefinishing.com email: info@CoastalDoorRefinishing.com

3203-3 Sawgrass Village Circle • The Falls Building • Ponte Vedra Beach, FL 32082

(904) 273-9838





King & Associates INSURANCE AGENCY

CO CO

JACKSONVILLE MAGAZINE "BEST REALTORS IN JACKSONVILE"

JACKSONVILLE BUSINESS JOURNAL "TOP REALTORS IN JACKSONVILE"





LUXURY HOME BROKERS

Jack@LuxuryHomeBrokers.com Cell: 904.607.4196

PV3-LV41879

Elizabeth Hudgins, REALTOR®

904.553.2032 cell 904.280.0486 office direct elizabeth@elizabethhudgins.com www.elizabethhudgins.com



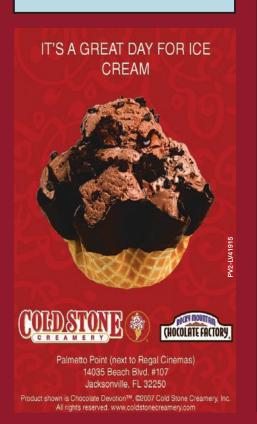
"From Cottages To Castles"



BERKSHIRE HATHAWAY HomeServices

Florida Network Realty

a A member of the franchise system of BHH Affiliates, LLC





FLORIDA STATE UNIVERSITY

FOOTBALL SCHEDULE

DATE	OPPONENT	LOCATION	KICKOFF
9/2	Alabama	Ν	a00:8
9/9	ULM	Н	7:00p
9/16	Miami	Н	a00:8
9/23	NC State	Н	TBA
9/30	Wake Forest	Α	TBA
10/14	Duke	Α	TBA
10/21	Louisville	Н	TBA
10/27	Boston College	Α	8:00p
11/4	Syracuse	Н	TBA
11/11	Clemson	Α	TBA
11/18	Delaware State	Н	TBA
11/25	Florida	Α	TBA





www.bartrameye.com
Serving Jacksonville, Ponte Vedra & St. Johns

904-379-9068

13760 Old St. Augustine Rd. Suite 102 Jacksonville, FL 32258









(904) 285-8831 www.pontevedrarecorder.com

38 FOOTBALL PREVIEW

Jaguars name Bortles starting quarterback

By Jon Blauvelt

Amid a preseason that has been headlined by a quarterback competition between Blake Bortles and Chad Henne, the Jaguars announced Aug. 26 that Bortles will be the team's starter come week one against the Houston Texans Sept. 10.

"I think that the first thing I look at is to make sure who is going to give us the best chance to win in the situation that we're in," said Jaguars head coach Doug Marrone before practice Aug. 26. "I think Blake has the ability to extend plays for us, which I think is going to be helpful in what we have to get done."

Marrone said he stayed at the team's facilities until 2 or 3 a.m. following the Jaguars preseason game against the Carolina Panthers Aug. 24 to watch film. He said he then woke up a few hours later to think over the decision some more, and later in the day, he said he discussed the situation with Jaguars Executive Vice President of Football Operations Tom Coughlin and General Manager David Caldwell.

When asked what gave Bortles the nod, the head coach said Bortles did a better job than Henne of communicating on the sidelines

"I just thought he was very clear," said Marrone. "Sometimes you don't have that with players."

Marrone added, however, that Bortles will have a leash that is no longer than any other players.

"I think we've set goals of what we want to get done and what we want to establish day-to-day, week-to-week, game-to-game, and I think those things have to be met," he said. "And I think if those things are not met then obviously you have to make a decision and get someone in there that



Photo courtesy of Jacksonville Jaguars/Rick Wilson

Blake Bortles was named teh starting quarterback by the Jaguars, despite his prteseason struggles.

gives you a better chance to win. That's not going to change."

Marrone opened up the competition after Bortles and the Jaguars played an uninspiring preseason contest against the Tampa Bay Buccaneers in week two of preseason action. In Jacksonville's 12-8 loss to the Bucs, the three-year starting quarterback received significant criticism for throwing two awry passes and for looking unsure of himself behind center, overall. He finished the game 8 for 13 for 65 yards.

In the Jaguars subsequent preseason game against the Carolina Panthers, which saw Henne as the team's starter, Bortles began the second half slow, throwing an interception on his third drive. Yet he caught fire on his fourth and fifth drives, leading the Jags to consecutive touchdowns, one of which included a beautiful fade thrown by Bortles to wide receiver Shane Wynn in the corner of the end zone.

BORTLES continues on **Page 39**



Photo courtesy of Jacksonville Jaguars/Rick Wilson

"We got to do better starting as a defense," said Jaguars defensive lineman Calais Campbell (93) following Jacksonville's 24-23 preseason loss to the Carolina Panthers.

Concerns for Jaguars go beyond the QB position

By Jon Blauvelt

Uncertainty at the quarterback position has been the prominent headline for the Jaguars throughout their preseason; yet after Jacksonville's 24-23 loss to the Carolina Panthers, it's far from the only concern for the team heading into the regular season.

"There's a lot of things we've got to clean up," said Jaguars head coach Doug Marrone following the Aug. 24 game.

For the second straight week, Jacksonville's defense, to start, came out flat. Panthers running backs Jonathan Stewart and Christian McCaffrey torched the Jaguars first-team defensive unit, rushing

for a combined 54 yards on eight carries in the game's opening 75-yard drive, which took 6:26 off the clock. Quarterback Cam Newton threw the ball only twice during the drive, including a 9-yard touchdown pass to wide receiver Kelvin Benjamin that put the Panthers up 7-0 early.

"We can't come out and let a team march down the field like that," said Jaguars linebacker Paul Posluszny, whose team allowed a similar opening drive against the Tampa Bay Buccaneers in week two of the preseason. "We need to come out and play fast right out of the gate. That was very disappointing for our defense."

LIFE AFTER THE NFL: Former Jaguars start local real estate company

New NFL players across the country will be fighting for spots on the roster during the upcoming NFL preseason, while some more seasoned players may face the possibility that this could be their final year on the field. Life after the NFL can be a challenge to many, but for former Jacksonville Jaguars Kyle Bosworth and Jason Babin, the end of their football career was just the beginning.

Taking the same intrinsic approach to preparation, teamwork, loyalty and passion they had in the NFL, Bosworth and Babin recently formed Redzone Realty, a Jacksonville Real Estate Company. The concept is a true partnership, with both bringing unique skills from their individual backgrounds on and off the field to Redzone Realty.

After five seasons in the NFL, Bosworth was looking for his next move.

"The transition out of the NFL was tough," he said. "Finding a position in corporate America is challenging—especially when your entire life has been dedicated to living and breathing football."

Inspired by his mother-in-law, "Real Housewives" star Jeana Keough, Bosworth turned to real estate and investing and flipping houses.

"After my first successful renovation and sale, I felt like I was on opening kickoff again," he said.

Two years later, Bosworth is a licensed agent in multiple states, specializing in client relations, with the ability to offer a full range of moving experience.

Babin was a 2004 first round draft pick

and a two-time Pro Bowler, completing 12 seasons in the NFL. His post-NFL career began before he was drafted, however, with the inception of Bronco Development, which specializes in master-planned communities, custom houses and light commercial.

"From the beginning, I understood the importance to have a game plan off-season," Babin said. "I grew up with a father who was a general contractor and spent many years gaining hands-on experience and learning the ins and outs of commercial and residential development."

Understanding the difficulties that former NFL players face after life in the league, Babin and Bosworth saw a need to be filled.

"Today's NFL player has an average

career of 3.4 years," Bosworth said. "They usually have no work experience, do not have a college degree and have soft skills that cannot be learned. They are known as self-starters, team players and have a winning mentality, however that is not enough for many corporate offices in America.

"Our vision is to establish at least one Redzone Realty office owned and operated by a current or former NFL player in every city that an NFL team exists. We believe in giving players a second chance after their football career so that it can be as – or more – fulfilling than their first."

Babin and Bosworth have decided to focus their flagship Redzone Realty office in Jacksonville. To learn more about the company's services, available listings and team, visit www.redzonerealtygroup.com.



Photo courtesy of Jacksonville Jaguars/Rick Wilson

The Jaguars offensive line was responsible for five penalties and allowed three sacks on quarterback Chad Henne (7) in the preseason loss to the Panthers.

Jaguars

Continued from 38

Cornerbacks A.J. Bouye and Aaron Colvin, as well as defensive end Dante Fowler, did not suit up against the Panthers. Yet Posluszny said their absences can't be used as an excuse for the defense's performance, adding that injuries are a part of the game.

On the other side of the ball, the offensive line quickly showed why concerns surround that unit as well. A quick threeand-out on Jacksonville's opening offensive drive featured a short yardage rush by running back Chris Ivory, a false start penalty by right tackle Jeremy Parnell and a sack on quarterback Chad Henne that pushed the Jaguars back 7 yards, eliciting early "boos" from the fans at EverBank Field.

With its starters playing most of the game, the offensive line would go on to commit four more penalties, three of which were called on right guard A.J. Cann. The unit also allowed two additional sacks on Henne.

"I thought we've had two rough games now," said Marrone of his offensive line. "So, we played (starters) a lot tonight, the main reason was because of the quarterback situation, but the other reason is they need the work, too."

The Jaguars will aim to work through these issues as they face off against the Atlanta Falcons in their final preseason game Aug. 31 in Atlanta at 7 p.m.

Bortles

Continued from 38

Bortles finished the game 12 for 16 for 125 yards, a touchdown and an interception, while Henne finished 8 for 14 for 73 yards.

Bortles said it's a cool feeling to be named the starter of the team again, but

he's not taking anything for granted.

"As of now, I'm promised the first snap with the first group today at practice, and after that, who knows?" said Bortles before practice Aug. 26. "I think it's a constant effort, as it was a couple of weeks ago, to try and earn the respect of the players and the coaches through every snap, going out there and doing it and proving that."





don't replace, Refinish!



Coastal Door specializes in restoring the first impression of your home, let us make your door look it's best! Your front door is your home's centerpiece. We can protect your entry and garage doors, whether wood, metal or fiberglass, Coastal Door will make it beautiful!

CALL TODAY FOR A FREE QUOTE!

"I've been hanging on for years... I love my family and greet them home daily. However, nature's treated me harshly. I've expected that one day soon, they would simply replace me. When the craftsmen arrived one day, I knew my time had come. Imagine my surprise when my family showed me how much I am loved! Now I'm more beautiful than ever, thanks to them and

Coastal Door Refinishing!"

YOUR WOOD, FIBERGLASS, IRON AND GARAGE DOORS CAN ALL LOOK LIKE NEW!

Visit us online Today at

www.CoastalDoorRefinishing.com

email: info@CoastalDoorRefinishing.com

(904) **945-DOOR** (3667)











By Samantha Logue

What if drinking wine could cure cancer?

While that has unfortunately yet to be proven the case, a new, area charity has found another way to use wine to assist cancer patients—through selling it.

Chemo Noir, which officially launched last November, is a locally-formed nonprofit dedicated to providing financial assistance to those suffering under the many burdens of cancer. Founded by Nease High School alumna Katrin Casev. the organization held a "Crush Cancer" benefit at the Coastal Wine Market & Tasting Room in Nocatee on Aug. 21.

Attendees of the event were greeted by the popping sounds of not only wine bottles, but also purple balloons as guests searched for raffle tickets to win Chemo Noir swag. Bottles of the charity's private label of Pinot Noir were also available for purchase to help raise funds.

"I met [Coastal Wine Market Co-owner Steve Lourie] at some point last year," Casey said. "We just clicked and have a love of wine, and he's just been such a tremendous partner."

For Casey, the fight against cancer isn't business; it's personal. A cancer survivor herself, she knows firsthand the difficulties one faces after being told those three words that no one ever wants to hear.

"It was a real surprise," Casey said of

when she first received her diagnosis. "I went into the hospital for something totally different and woke up and they said,

'You have cancer.' It just kind of rocks your world a bit."

During the nine months she underwent treatment, Casey strived to stay positive, finding comfort in the occasional glass of

"If I could stomach a little bit of red wine here and there, I would call those my 'Chemo Noir' nights," she said.

Now three years cancer-free, Casey aims to comfort others locked in their own battles with the disease

by lessening their financial burdens.

"Cancer's so crippling in so many ways, and it really should be focused on the fight and not on having to pay all your bills,' she said.

Ultimately, Casey's plan is for Chemo Noir to pay beneficiaries' medical bills directly. Beneficiaries, she added, will be chosen through an application process, and the organization plans to award its first check in November.

With some local businesses already signed on as partners, Casey hopes to

eventually raise Chemo Noir's impact to a national level. In the meantime, however, she is content to focus on the Greater Jacksonville area, with another event already scheduled for next month.

From 3 to 6 p.m. Saturday, Sept. 9, Chemo Noir will host a 1-mile run on Jacksonville Beach. The race will start at the Jacksonville Beach Pier and will be followed by a free wine tasting, courtesy of Coastal Wine Market. For more information about Chemo Noir and its upcoming events, visit www.chemonoir.com.





AT PONTE VEDRA
ASSISTED LIVING & MEMORY CARE



Alzheimer's Support Group Meeting

Please join us the 2nd Thursday of each month.

6:30 PM - Please RSVP
To: 904-686-3700

Life At The Palms

Life is defined by what you do. Remarkable lives are defined by defying the status quo at any age.



Resident Services

- Structured Activities
- Amber LED Lighting at Bathroom Doors
- Personalized Care Plan
- Onsite Therapy
- Courtyard with walking path
- Respite and Day Care Services
- Dementia Trained Staff
- Montessori Program

Our Memory Care Uses The Principles Of Montessori:

- To Focus on an individual's abilities, not deficits
- To Engage in meaningful activities
- To Allow for highest level of functioning possible
- To Enhance self-esteem
- To Provide meaningful, social roles

Memory Care Day Care Subject to availability

HydroWorx™ Therapy Pool

- CALL TODAY! 904.686.3700 - PALMSATPONTEVEDRA.COM

405 SOLANA ROAD, PONTE VEDRA BEACH, FL 32082

PV2-LV41836

Where Beautiful Legs Are Restored



216 Ponte Vedra Park Drive Ponte Vedra Beach, FL 32082

ELLISON

VEIN INSTITUTE



ROBERT G. ELLISON, JR. M.D. FACS

VASCULAR SURGEON

- Treatment for Varicose and Spider Veins
- Cosmetic Sclerotherapy

(904) 388-7521 www.EllisonVeinInstitute.com

- In-Office Endovenous Laser Ablation and Phlebectomy Under Local Anesthesia
- Most Insurance Accepted

836 Prudential Drive, Suite 1405 Jacksonville, FL 32207

Betty Griffin Center names new development director

Nicole Donnelly Pece was recently selected as the new development director at Betty Griffin Center. Pece comes to the nonprofit organization with nearly 20 years of experience in fundraising, development and as a major gifts officer.

"We're excited to have someone with Nicole's expertise join us to continue our work in assisting victims of sexual and domestic violence in St. Johns County," said Joyce Mahr, executive director of Betty Griffin Center. "We have many new initiatives and fundraising events in the planning stages, and Nicole will be a major catalyst in moving those projects forward over the coming year and beyond."

Pece arrives at the center after serving as the director of development for both the Carpenter Library and the College of Education and Human Services at the University of North Florida for almost three years. While there, she collaborated with university deans on key initiatives to secure major gifts, coordinated with leadership councils and alumni and developed marketing



Nicole Donnelly Pece

fundraising efforts.

Before joining UNF, Pece served as director of development at Flagler College in the office of institutional advancement from 2010 to 2014. Pece

worked in a variety of fundraising positions at the college prior to that, including as capital gifts officer, director of the annual fund and special giving and as assistant director of development from 2000-2004. She initially joined Flagler College in 1997 as director of student housing.

Prior to her year tenure at Flagler College, Pece worked at World Learning Inc., where she was the activities coordinator for international students on the Jacksonville University campus.

To contact her regarding fundraising, special events and other sponsorship opportunities, call (904) 824-1555 or e-mail nicolep@bettygriffincenter.com.

REP. JOHN RUTHERFORD VISITS RECORDER



Editor Jon Blauvelt stands with Rep. John Rutherford (R-FL4) after he visited the Recorder's office Aug. 24 for a meet-andgreet and to discuss recent accomplishments and future goals. as well as the current political landscape in America. The Recorder will provide updates on the freshman congressman's journey and actions moving forward.

kirst coast

STOP BY AND SEE ALL OF THE ARTWORK ON DISPLAY.



For more information about these works, the artists, or other works, contact Bob Nickerson at First Coast Artists at 904.280.8187





Hello, neighbor!

Please stop by and say, "Hi!"

I love being part of this community – and as a new State Farm® agent, I'm excited to get to know more of you. Whether you need insurance or financial services, I'm here to help life go right.™

CALL ME TODAY.

Jonathan A Gibbs, Agent

466 Town Plaza Avenue Suite 330, Ponte Vedra, FL 32081 Bus: 904-834-7312 jonathan.gibbs.e1fm@statefarm.com



1601484

State Farm, Bloomington, IL

• EVERYDAY MEALS • **MADE HEALTHIER**

CELEBRATING OUR 4TH YEAR SERVING PONTE VEDRA, **NOCATEE & PALENCIA**



Locally Owned and Operated

(904) 624-2330 kcskitchen.pv@gmail.com 4510 Palm Valley Rd. Ponte Vedra Beach, FL 32082 • NEW MENU EVERY WEEK •

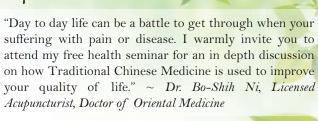
• SPECIAL EVENT • **CATERING**

FIRST TIME CUSTOMERS \$10 OFF

Any purchase of \$30 or more www.kctogo.com

Ni's Chinese Medical Center

Traditional Chinese Medicine Acupuncture & Chinese Herbs



Upcoming Health Seminars

<u>Jacksonville Beach – Thursday, October 5th, 7pm</u> Amelia Island - Friday, October 13th, 7pm

"Improving Your Quality Of Life With Traditional Chinese Medicine!" Lecture followed by Q&A session. Reservations required. Free & open to the public.

Call 904-372-9087

2370 S. 3rd Street, Suite 2, Jacksonville Beach 5422 First Coast Hwy., Suite 112, Amelia Island

Drboni.com

AutoPoint awards car to formerly homeless woman

AutoPoint Florida employees recently presented Adelina (Addie) Ferreira – a 20-year-old graduate of the Daniel Kids independent living program – with their inaugural "Uncommon Scholarship." The \$6,000 gift, combined with a generous upgrade from Beaver Toyota, resulted in Ferreira becoming the owner of a 2009 Toyota Corolla during an Aug. 2 ceremony at Beaver Toyota in St. Augustine.

The "Uncommon Scholarship" was created by AutoPoint associates in Jacksonville and Daytona, as part of the company's LIFT (Life Is Full of Transformation) giving program. The team of associates raised the funds through internal donations and online auctions, as well as corporate contests and raffles.

Solera, the parent company of AutoPoint, donated gently-used corporate equipment for the auctions and helped support the AutoPoint Florida LIFT team in their efforts. When Beaver Toyota was approached to find a suitable car for \$6,000, the dealership made a significant impact by upgrading Ferreira to a car valued at more than \$10,000.

"We wanted to do something uncommonly transformational that followed the LIFT belief in second chances and was a good fit with our company's industry," said Jon Cummins, AutoPoint director of technology product management. "A car will help Addie continue on the path of independent living she forged at Daniel Kids, enabling her to get to work reliably as well as realize the freedoms she's worked so hard to earn."

Ferreira lived in a van in California for several months before moving to Florida in 2015 to stay with relatives. The situation was unstable, however, and she soon found herself homeless. A school counselor at her college learned of Ferreira's situation and recommended her to the Daniel Kids Project Prepare program, which provided her with safe housing, independent living instruction and counseling. Ferreira is now living in her own apartment and recently obtained her associates of arts degree with a 4.0 GPA. She is applying to a nursing program and currently working as a receptionist.

"It's amazing how many different people worked together to help me become truly self-sufficient," Ferreira said. "The Daniel Kids program gave me the support I needed to find a safe home and continue my education, and AutoPoint and Beaver Toyota are helping me further my career and independence by generously providing me with a vehicle. I couldn't be more grateful."





ABOVE: AutoPoint Florida employees join with Beaver Toyota personnel and Daniel Kids leadership to present Adelina Ferreira (second from left) with a car.

LEFT: Adelina sits behind the wheel of her 2009 Toyota Corolla.

Photos courtesy of AutoPoint Florida

Boys & Girls Clubs of Northeast Florida reveal ad campaign aimed to increase understanding of how organization benefits youth

Boys & Girls Clubs of Northeast Florida, along with its national organization, Boys & Girls Clubs of America, recently debuted its newest advertising campaign featuring a narration by club alum and national spokesperson Jennifer Lopez.

Jacksonville was one of two trial markets chosen by the national organization to see the new campaign's impact on increasing understanding and awareness of the positive outcomes that change kids' lives at Boys & Girls Clubs.

Boys & Girls Clubs help kids achieve great futures by providing a safe and fun space, an engaging club experience and caring professionals to guide them along the way. As a leading youth development organization, Boys & Girls Clubs see the possibility in every young person and are committed to being a voice and a resource for America's youth.

Boys and Girls Clubs of Northeast Florida have been a cornerstone of the community since opening its doors in 1966. Serving some 5,000 youth annually, the Boys and Girls Clubs of Northeast Florida provides a safe, structured and positive environment for young people after school, during holidays and summer vacation in Duval and St. Johns counties.

There are currently 25 Boys and Girls Club sites throughout Northeast Florida, and plans are in the works to eventually have two state-of-the-art teen centers in

Springfield and Arlington. These centers will provide teens quality programming, a variety of activities and entrepreneurial skills to meet their needs and give them something productive to do after school.

"Boys & Girls Clubs have served our community for more than 50 years, providing a safe space and caring mentors for young people," said Paul Martinez, president and CEO for Boys & Girls Clubs of Northeast Florida. "This new campaign shows the general public the magic that happens inside a club, and the impact that a caring professional can have on the trajectory of a kid's life. Youth need a positive place to go after school and during the summer to grow beyond the

classroom, and we provide that space to grow, succeed and achieve a great future."

The new advertising campaign and PSA focuses on the impact that Boys & Girls Clubs youth development professionals can have on a young person's life. Boys & Girls Clubs are one of the only afterschool organizations that has paid dedicated professionals with youth development training that devote their careers to ensuring that kids have every opportunity available to them.

To learn more about Boys & Girls Clubs of Northeast Florida, go to www.bgcnf.org or learn more about Boys & Girls Clubs of America at greatfutures.org.

COMMUNITY NEWS 45 Ponte Vedra Recorder · August 31, 2017

SELLING PONTE VEDRA. 32082 FLORIDA'S BEST KEPT SECRET Janef Wesfling, Realfor [®] Allison Ferebee, Realfor [®]

From palm trees to sand dunes, golf courses to resort living, Ponte Vedra Beach is Northeast Florida's most exclusive address. Entrust your residential listing to Janet Westling & Allison Ferebee, your local experts in real estate marketing excellence.



DEDICATED TO EXCELLENT RESULTS



Janet Westling, REALTOR*, **GRI, CIPS** 904.813.1913 Cell www.janetwestling.com Janet.Westling@bhhsfnr.com

(BH HS BERKSHIRE HATHAWAY

Allison Ferebee, **REALTOR**[•] 904.237.2148 Florida Network Realty floridanetworkrealty.com



Send us your news!

pvrecorder@opcfla.com



Photo courtesy of the Ponte Vedra High School Splash Dance Team

PVHS Splash Dance Team to hold dance clinic Sept. 9

The Ponte Vedra High School Splash Dance Team is holding a dance clinic

To be held from 9 a.m. to 1 p.m. at the PVHS gym, the event provides participants with instruction by Splash team members and ultimately the opportunity to perform as a "Splashette" during halftime of the junior varsity football game Thursday, Sept. 14.

The clinic is \$50, which in addition to the instruction, includes facility fees and a T-shirt to be worn during the clinic and halftime performance. A discount of \$10

per additional sibling is offered for families with two or more registrations.

Each dancer must bring a packed lunch on the day of the clinic. Water and fruit will be provided as a snack. Dancers should wear sneakers, black shorts and their "Splashette" T-shirts. Hair should be secured in a ponytail.

Register and pay online at https:// splashette2017.eventbrite.com. Online registration will close Sept. 2. For more information or for late registration, contact Ashley Pahlow at (904) 540-8022 or pahlowa@bellsouth.net.

the New Signature of memory care



There's no getting around it: dementia is hard on everyone involved.

But it is possible to lessen the load. We're here to help with a progressive approach to assisted living for memory loss that redefines the traditional approach to memory care, bringing peace of mind.

At Arbor Terrace Ponte Vedra our experienced staff creates an individual plan for each resident based on their needs and guides them through activities that help them have meaningful moments.

Come visit us to learn more.

904-638-1424 | ArborPonteVedra.com



Assisted Living for Memory Loss

An Arbor Company Community Assisted Living Facility License #12680



46 COMMUNITY NEWS Ponte Vedra Recorder · August 31, 2017

Cultural Center's 'Havana Nights' invites guests to experience Cuban cuisine, arts and entertainment

The Cultural Center at Ponte Vedra Beach is holding its major fall fundraiser, "Havana Nights," Saturday, Oct. 21, at Fantasy Farms in Palm Valley

"Havana Nights" will feature Cuban cuisine, Cuban entertainment and beautiful Cuban landscapes painted by renowned artist Paul Ladnier during his visit to Cuba last year.

More than 200 guests are expected to attend the fundraiser as Fantasy Farms is transformed into Old Havana.

Musical and dance performances by Luna Cale from Miami and professional Salsa/Mambo dancers will be featured. Planet Ballroom will also be onsite with performances and private dance instruction for guests, who can also visit the Hemingway house for a photo opportunity with the "Biggest Catch" and enjoy Hemingway's favorite Cuban hot spot, "La Floridita" for a drink. Guests can also tour the antique car collection courtesy of S&L Classics and meet Cuban ballerina Dulce Anaya (Cuban National Ballet). There will also be a silent auction.

Honorary chairs of "Havana Nights" are local philanthropists Daryl and Frank Barker.

Individual tickets are \$75 for members and \$100 for non-members. Tickets can be purchased by visiting the center's website at www.ccpvb. org or by calling (904) 280-0614, ext. 205

Proceeds from "Havana Nights"



Photo courtesy of the Cultural Center of Ponte Vedra Beach

Dancer Lunda Cale will perform at the "Havana Nights" fundraiser on Oct. 21, at Fantasy Farms in Palm Valley.

will directly benefit the children's arts programs at the Cultural Center at Ponte Vedra Beach, a 501(c)3 non-profit organization.

The Cultural Center's mission is to bring the arts into the life of the community with arts exhibition, arts education and arts outreach.

Growth of 'Green Hands Initiative' at St. Augustine Amphitheatre continues

The St. Augustine Amphitheatre's inaugural 'Green Hands Initiative' has turned out to be a success, and the Amphitheatre is continuing to add to the conservation efforts.

The Green Hands Initiative is a commitment made by the St. Johns County Cultural Events Division, which owns and operates the St. Augustine Amphitheatre and Ponte Vedra Concert Hall, to establish and maintain operating practices that align with the mission of conserving valuable resources and reducing unnecessary waste within the industry, the community and the world.

"I am so proud to have the opportunity to help facilitate such a challenging and important Initiative," said Megan Murphy, Green Hands coordinator. "It is a necessary responsibility to care for the spectacular region and community that takes such good care of us here at the Amphitheatre. What an incredible thing it is to be able to enjoy your favorite band play in one of the most beautiful venues and proudly know you have had minimal to zero negative impact on the local environment."

In 2016, the St. Augustine Amphitheatre integrated a number of energy and waste reduction practices including the One Less Plastic Bottle

Program, which eliminated the use of plastic water bottles throughout the venue. Six filtered water refill stations were installed at the Amphitheatre for public and backstage usage; concessions transitioned from selling plastic bottled water to boxed water; and BPA-free Green Hands Nalgene refillable water bottles were made available for purchase. Patrons were encouraged to bring their own non-metal water containers to shows as well.

The impact of these changes resulted in a total of 26,530 disposable water bottles being eliminated and 42,520 boxed waters were sold at concessions in 2016. Additional changes included the use of reusable Green Hands totes for all hospitality shopping needs, eliminating the use of plastic bags, the installation of food waste composting bins, a venue garden that utilizes the nutrient-rich compost soil and a transition to energy-saving LED lighting backstage.

The Green Hands program also hosted many free community events aimed at educating the public about environmental and conservation issues.

This year, the Green Hands program has committed to implementing even more ambitious conservation practices which include, but are not limited to, the following:

- The completion of LED transition throughout the St. Augustine Amphitheatre.
- A venue-wide transition to BPIcertified biodegradable plastic ware.
- A transition to BPI-certified biodegradable cleaning supplies.
- The implementation of a carbon footprint tracker as progress is made toward the goal of being carbon neutral

Green Hands has also joined hands with neighboring elementary school R.B. Hunt and the Anastasia State Park to help them implement their own sustainability practices.

This year also marked a major development for the Green Hands Initiative as it welcomed a new community partnership with St. Johns County waste disposal, collection and recycling services provider Advanced Disposal Services, Inc. As the official community partner, Advanced Disposal committed \$75,000 over a three-year period to the Green Hands Initiative.

For additional information on the Green Hands Initiative, visit www. staugustineamphitheatre.com, follow Green Hands on Facebook at www. facebook.com/greenhandsfla or stop by the Green Hands table at the next concert event.

Vicar's Landing receives 'BBB' bond rating from Fitch

Vicar's Landing has received a "BBB" Bond Rating from Fitch.

According to Fitch, Vicar's Landing has produced strong and stable operating results that are better than "BBB" median margins such as a 95 percent occupancy rate over the past four years and a 98 percent rate in 2016. There are more than 240 names on the community's current waitlist.

"Vicar's Landing is proud to remain one of an elite group of Florida-based CCRCs (Continuing Care Retirement Communities) to hold investment-grade debt," said CFO Candy Bowling. "This has provided us with opportunities for favorable interest rates, which translates to lower cost increases for our residents. When Vicar's Landing determines the need to re-enter the public bond market for capital, this rating gives us the opportunity to save on our debt service. Our board and management are committed to maintaining the highest financial strength possible, and this is a crucial measure for us."

Vicar's Landing is managed by Life Care Pastoral Services. It consists of 227 independent units, 38 private assisted living units and 60 skilled nursing beds.

The Skilled Nursing Center received its fifth Governor's Gold Seal Award in 2017.

St. Johns County announces launch of Brainfuse eLearning program

St. Johns County recently announced the launch of Brainfuse, an on-demand eLearning program for all ages and grade levels.

Brainfuse is available at all St. Johns County public libraries, remotely at home and on-the-go with a free mobile app. The eLearning program offers a variety of educational resources including personalized live tutoring in core subjects such as math, reading, writing, science, social studies, SAT preparation and other academic content and support.

Adults can also take advantage of Brainfuse through the Adult Learning Center, a suite specializing in basic skill building and career preparation. The suite features JobNow, which offers real-time resume, interview, career coaching services and job search resources.

Brainfuse is available for free to all library patrons. For more information, call (904) 827-6935 or visit www.sjcpls.org.

Ponte Vedra Recorder · August 31, 2017

BUSINESS WEEKLY 47

BUSINESS Weekly PAGE 47 THURSDAY, AUGUST 31, 2017

Tips on retirement planning

Page 49

www.PonteVedraRecorder.com



Photo by Susan Griffin

The staff of the Nease Animal Hospital: Receptionist Juli Wilkison (from left), groomer and tech assistant Ewelina Widlak-Shaw, certified technician Lauren Hester and Dr. Esra Weisheit

Nease Animal Hospital offers alternatives for furry friends

By Paris Moulden

"If we need it, they need it, too."

That's the approach a new veterinary clinic in St. Augustine is taking when it comes to furry family members and friends.

Nease Animal Hospital, which held its grand opening Aug. 19, offers a combination of Westernized veterinary services with alternative therapies to treat animals for a variety of issues, in a variety of ways.

Dr. Esra Weisheif, who has been practicing veterinary medicine for more than 20 years, takes a very personal approach when it comes to taking care of animals.

"The goal here is to be the family doctor," she said. "To keep them healthy and find alternative options. ... Alternative medicine, when used appropriately with Western medicine, gives an added benefit. We're open in trying to figure out what's best for one's pet."

Dr. Esra spent her early years abroad and grew up playing with stray dogs and

"From early on, I knew I wanted something to do with animals," she said.

Her passion for animals led her to Kenya, where she considered a career in wildlife management. It was there she realized veterinary medicine was what she wanted to focus on. After graduating from Tufts University in 1997, she worked primarily in Maryland, eventually opening her own practice, before feeling the call of the First Coast and relocating in 2014.

"It's wonderful weather," Dr. Esra said. "We fell in love with St. Augustine."

Along with her traditional veterinary practices, Dr. Esra also brings along extensive knowledge of alternative therapies to treat cats and dogs, including certification in veterinary acupuncture, dog physical therapy and canine rehab therapy. She said these alternative techniques are especially beneficial for dogs with arthritis, ACL injuries and elderly dogs.

"I think that's what brought me to grow in the other direction," Dr. Esra said of using alternative therapies. "Just giving a pill didn't seem like enough."

The clinic boasts an underwater treadmill, state-of-the-art lab equipment and a doggy gym. Dr. Esra said she's seen a big difference in the well-being of pets when the alternative therapies are included in the treatment process.

ANIMALS continues on Page 48

New Wells Fargo financial advisor comes to Ponte Vedra

By Benjamin Naim

A new Wells Fargo financial advisor is now offering his services in Ponte Vedra.

Bryan Fazio, a senior financial advisor, certified financial planner and a graduate of Merrimack College with a Bachelor of Arts in finance and accounting, recently moved to the area. He offers financial advice and a customized investment plan to clients who are retired or close to retirement.



Bryan Fazio

Fazio works on the investment side with a focus on fixed income, municipal bonds, corporate bonds and dividend paying stocks. Essentially, he offers financial advice for retirement-age clients who are transitioning into the next stage of their lives.

"So, when people, the lay person, you're looking to do some investing whether you're 50 years old or 90 years old, there's going to be part of that portfolio that's going to be bond or fixed income or CD investing," explained Fazio. "I tend to focus in on that safer side of people's portfolio."

The advisor set his sights on the Ponte Vedra area following an event at Sawgrass in late 2014; his wife

familiarized herself with the community while her husband attended meetings. "I'm at meetings during the day, my wife was driving around and one thing kind of led to another," he said.

In June 2017, Fazio moved to Ponte Vedra from Sarasota with his wife and children because he was impressed with the "family orientation" of the community.

"I have two little girls, a 4-and a 2-year-old, so schools are at the top of the Richter scale," added Fazio. "Being in the line of work that I'm in you can't just move to any town you like as much as I'd like to believe that, so wealth is also important."

The Wells Fargo financial advisor noted that his line of work can positively impact the Ponte Vedra community by incentivizing the next generation to remain in the area or return after going to college.

"I look down the road and say, 'This is a great community now,' but I think the importance of making sure this community continues to remain a great community, is making sure that next generation is involved," Fazio said, before adding that he intends to help the community grow. "I think as an advisor, working with families and wealthy families in that side is making sure...your kids are coming back and spending quality time in this community."

Citing a study showing that 92 percent of people who work with a financial advisor achieve their goals, Fazio said his clients will benefit from seeking guidance and being asked tough but necessary questions.

"There's a reason why the top players in golf, you know they all have coaches, it works in the same capacity on our side," he asserted. "We're going to be able to, I feel, advise people to do things that sometimes gets them out of their comfort zone but is in their best interest."

To contact Fazio, call (904) 361-7047 or email bryan.fazio@wellsfargo.com.

Animals

Continued from 47

"The most rewarding results are back cases, where you get them to walk again," she said.

The pet care industry is continuing to boom with more than half of the households in the United States having at least one pet, according to the 2017 Pet Industry Analysis.

According to the American Pet Products Association, Americans spent \$17 billion on their pets in 1994, but that number quadrupled to an estimated \$62.75 billion by 2016. Nutrition, veterinary care and pet services made up a huge chunk of that number, which doesn't surprise Dr Esra.

"More people are educating themselves (about what's best for their pet)," she said. "They're no longer just animals, that's their child."

The Nease Animal Hospital is located at 10440 U.S. Highway 1 N., and offers medical boarding, patient after care, grooming and



A dog stands in the water treadmill at the Nease Animal Hospital.

dog training along with alternative therapy and traditional veterinary care. The clinic's hours are 7:30 a.m. to 6 p.m. Monday to Friday and 7:30 to noon Saturday. For more information, go to neaseanimalhospital.com, email info@neaseah.com or call (904) 209-5740.



Photos by Susan Griffin

Buck and his brother Max show their affection during a photo op at the Nease Animal Hospital's grand opening.



Kittens available for adoption through Feline Canopy of Care, Inc,, were at the clinic's grand opening. Feline Canopy of Care, Inc., is a rescue, adoption and resource group for homeless cats. The nonprofit group is a volunteer, foster homebased, no-kill cat rescue, which gives adoptable cats the opportunity to live together in foster homes rather than public shelters. All cats and kittens are fully vetted, including vaccinations, spaying/neutering and flea prevention prior to adoption. For more information or to see available cats and kittens, go to felinecanopyofcare.org.



Jarpii poses with his mom Jen during a photo op at the grand opening of the Nease Animal Hospital.



Ponte Vedra Recorder · August 31, 2017

BUSINESS WEEKLY 49

Christian business advisory network announces new chair

The C12 Group, a Christian business advisory network, announced further expansion in Northeast Florida Aug. 23 with the addition of Vaughan Robison as chair.

C12 launched in Northeast Florida in October 2014 with the appointment of Bob Shallow as managing chair for the region. With the addition of Robison, C12 will provide even more Christian business owners and executives across the region with business counsel, a peer advisory group and ministry development.

"I am thrilled to welcome Vaughan into

the C12 Group and C12 Northeast Florida family," said Bob Shallow, C12 Northeast Florida managing chair. "Vaughan's extensive leadership and entrepreneurial experience, and advanced business degrees, coupled with his passion to help Christian business owners build great businesses for a greater purpose will be a tremendous asset to both C12 Northeast Florida and the Christian executives he serves."

Robison brings over 15 years of leadership, consulting and entrepreneurial experience to his new role as C12 chair, including his experience as an Army officer who commanded a company of soldiers in Baghdad. He also holds a bachelor's degree from Vanderbilt University and a master's degree from the University of Notre Dame's Mendoza College of Business.

"As a C12 chair, I am committed to equipping and encouraging business leaders to achieve their desire to glorify God in their work and life," explained Robison. "My passion is helping businesses align with their mission and values in order to improve profits, establish winning cultures

and positively impact their market."

Robison will host two complimentary events for Christian business owners at Deercreek Country Club in Jacksonville. A luncheon will be held Sept. 19 from 11:30 a.m. to 12:30 p.m., followed by a breakfast Sept. 21 from 7:30 to 8:30 a.m.

Founded in 1992, The C12 Group is an executive roundtable provider for Christian CEOs and business owners. C12's mission is to "change the world by advancing the Kingdom of God in the marketplace."

Retirement planning is one of life's most expensive endeavors



Ric SchillingGuest Columnist

By Ric SchillingSpecial to the Recorder

One of the most frequent issues confronting people in the financial planning industry is educating people on the challenges of saving for retirement

and finding ways to help them address this challenge. Retirement has become one of life's most expensive endeavors.

When we shop for a house, we consider what we want in a house: how large does it need to be, how many rooms, what features and amenities, location, etc. We closely consider not only the purchase price but ongoing costs of ownership including taxes, insurance and utility costs. Finally, we compare the house we would like to buy and its initial and ongoing costs with our ability to integrate that into our monthly budget, considering along the way what changes, if any, will be needed in other spending to free up funds for the house.

Now, let's take the same process and apply it to saving for retirement. First, we need to consider what kind of retirement we'd like to have in the future. At what age do we start planning? Where will we live? What lifestyle do we want? Are we planning to travel? What new costs will we have? Will we work part-time or not? Once we decide the type of retirement to which we aspire, an analysis can be completed to determine the costs—initial and ongoing—of this plan and from that a determination can be made on how much needs to be accumulated to achieve our goal.

If retirement is similar to buying and paying for a house — only about two-and-a-half to three times more

expensive — then we should take it at LEAST as seriously as buying a house. Yet, according to most national surveys, Americans are woefully unprepared financially for retirement and in an increasing number of cases, seem to have given up on even trying to prepare. This is frightening.

Whether you are currently retired or are planning for a future retirement, we all have a stake in the issue. If millions of people hit retirement age without the funds needed to support themselves into retirement, they will turn to the government to bail them out, and our politicians, despite their better judgment, will probably look for ways to do so, most or all of which will be funded by the rest of us. So, pay attention to this. Make sure you prepare so you're not counting on the government to bail you out.

Frederic "Ric" Schilling is a Florida native, born in Jacksonville, Fl. Ric is President of Senior Guardians of America, a local North Florida firm specializing in tax reduction, long term illness planning, asset protection, probate avoidance and life income planning. Ric is a National Speaker and Advocate on Senior Issues and has been featured by the Florida Times Union and WJXT, TV-4 in Jacksonville as an authority on Estate Planning and Retirement Issues. Senior Guardians has an A+ rating with the Better Business Bureau and is a member in excellent standing with the National Ethics Association. Contact Frederic: 904-371-3302 or 888-891-3381. Please visit: www. seniorguardian.com

This article is not intended to give tax or legal advice. Securities offered through Center Street Securities, Inc. (CSS), a registered Broker-Dealer & member FINRA & SIPC. Investment Advisory Services offered through Center Street Advisors, Inc. (CSA), a SEC Registered Investment Advisor. Schilling and Associates (d/b/a Senior Guardians of America) and CSA are independent of CSS.



Photo courtesy of Toll Brothers

A photo displays the home design for the Abigail at Julington Lakes.

Toll Brothers introduces Abigail home design at Julington Lakes

Julington Lakes by Toll Brothers recently introduced the 4,120 square-foot Abigail home design to its Estate Collection.

Featuring four bedrooms, four-and-a-half bathrooms and a three-car garage, the home is highlighted by a two-story foyer that leads to the great room and provides direct access to the covered lanai, dining room and gourmet kitchen.

The Abigail's first-floor master suite includes two walk-in closets, as well as a master bath with dual vanities, a large tub, a separate shower with bench and expansive windows providing natural light. Upstairs, the Abigail features two additional bedrooms and two full bathrooms. The home design, priced from \$573,995, also offers homebuyers the ability to expand the master bedroom, great room and outdoor living area, among other spaces.

"The Abigail has already become a sought-after home design at Julington Lakes," said Toll Brothers Northeast Florida Division President Greg Netro. "Homebuyers are impressed with its flexibility and desirable, open floorplan."

Julington Lakes, Toll Brothers' newest master-planned community in Northeast Florida, provides a secluded, yet convenient location that makes it possible for residents to enjoy their natural surroundings while still being ideally located minutes from shopping, dining and major highways. Julington Lakes is situated within the St. Johns County School District.

In early fall, Julington Lakes will open The Lakehouse, the community's private residents' clubhouse featuring a social room and catering kitchen, fitness center and a flex room connected to a private outdoor yoga lawn. The Lakehouse will also include a zero-entry swimming pool, which will include two lap lanes and a raised pool deck with lounge seating. Additional amenities include a pergola overlooking a picturesque lake, a playground, two lighted tennis courts and half-court basketball.

Julington Lakes buyers can choose from a variety of award-winning home designs in the Heritage Collection, priced from the mid-\$300,000s; the Ambassador Collection, priced from the upper \$300,000s; and the Estate Collection, priced from the mid-\$500,000s. The community recently opened a new section of lakefront and preserve home sites.

The Julington Lakes sales center and models are located at 57 Mist Court in St. Johns and are open from 10 a.m. to 6 p.m. Tuesday through Saturday, and 11 a.m. to 6 p.m. on Sunday and Monday. For more information, call 904-287-9050 or visit www.julingtonlakes.com.

Two Ponte Vedra residents among those recognized from Marks Gray, P.A. law firm

Marks Gray, P.A. had 10 attorneys selected to the 2017 Florida Super Lawyers list, including Ponte Vedra residents Jeptha F. Barbour and Edward L. Birk, and John R. Crawford, who works out of the Beaches office. One attorney from the firm was selected to the 2017 Florida Rising Stars list.

No more than five percent of the lawyers in Florida are selected to receive these honors. In addition, another Marks Gray attorney was selected to the Florida Top 100 List.

The Marks Gray Attorneys on the 2017 Florida Super Lawyers list and their categories of selection are as follows:

- Jeptha F. Barbour, personal injury general defense
 - Edward L. Birk, media/advertising
- Crystal T. Broughan, intellectual
- Giselle Carson, immigration busi-
- William M. Corley, personal injury
- John R. Crawford, estate planning and probate





Jeptha F. Barbour



Edward L. Birk



Photos courtesy of Marks Grav. P.A. John R. Crawford

- Susan S. Erdelyi, employment and
- Frederick H. Kent, III, real estate
- Nicholas V. Pulignano, Jr., business litigation
- Gerald W. Weedon, business litigation The Marks Gray attorney on the 2017 Florida Rising Stars list is Meagan L. Logan, civil litigation – defense

Barbour was also selected to the Florida Top 100 list. Attorneys on the top list

have been selected to the 2017 Florida Super Lawyers list and ranked top of the list in the Super Lawyers selection

Super Lawyers, part of Thomson Reuters, is a rating service of outstanding lawyers from more than 70 practice areas who have attained a high degree of peer recognition and professional achievement.

For 10 years, Super Lawyers has recognized Barbour, Puligano, and Weedon for

their legal achievements.

Aside from his selection to the Florida Super Lawvers List, Barbour was also bestowed with additional honors in his field of practice in the 2018 edition of "The Best Lawyers in America."

Barbour was the "Lawyer of the Year" recipient (personal injury litigation – defendants in Jacksonville), and was also included in the edition in the categories of insurance law, litigation - insurance; medical malpractice law – defendants; personal Injury litigation – defendants; and product liability litigation - defendants.

Six other Marks Gray, P.A. attorneys ioined Barbour as selected by their peers for inclusion in the 2018 edition of "The Best Lawyers in America," including Birk in the category of employment law.

Best Lawyers lists are compiled based on an exhaustive peer review evaluation. For the 2018 Edition of "The Best Lawyers in America," 7.4 million votes were analyzed, which resulted in more than 58,000 leading lawyers being included in





Ponte Vedra Recorder · August 31, 2017

PONTE VEDRA GIRLS BEAT NEASE IN VOLLEYBALL



Photo and summary by Mae Logue

The Ponte Vedra High School girls varsity volleyball team defeated Nease High School in the first game of the season on Aug. 24. Ponte Vedra won three consecutive games, making for a quick match. The first game was led by starters Paige Johnson, Ashley Schur, Eve Beech, Gabrielle Keller, Savannah Fowler and Ava Rambo. They worked together on several kills and finished 25-16. The next two games were just as painless for the Sharks, 25-13 and 25-16.

Ponte Vedra fencer wins gold at Asian Cadet Circuit tournament

Lawrence "Lance" Tan, 16, of Ponte Vedra recently returned from a month of competing on the Asian Cadet Circuit (ACC), winning gold at the first Asian Cadet Circuit tournament held July 8-17, in Manila, Philippines.

Tan beat competitors from Australia, Malaysia, Singapore, New Zealand, Brunei and others in the Asia/Oceania region. As a result, he earned the distinction of being ranked the No. 1 cadet foil fencer in Asia. The Asian Cadet Circuit competitions are sanctioned by the Fencing Confederation of Asia and the Federation Internationale d'Escrime.

Following the ACC event, Tan continued his winning streak, earning team silver and two team bronze medals at the Southeast Asian Pacific Championships. After a brief break, Tan headed to Singapore, winning bronze at the second ACC event July 29-30.

Tan recently returned to Ponte Vedra.

"I am so happy to be home," he said.
"I love training in California, and I enjoy traveling around the world and competing, but it's always nice to sleep in my own bed and spend time with my family and friends here."

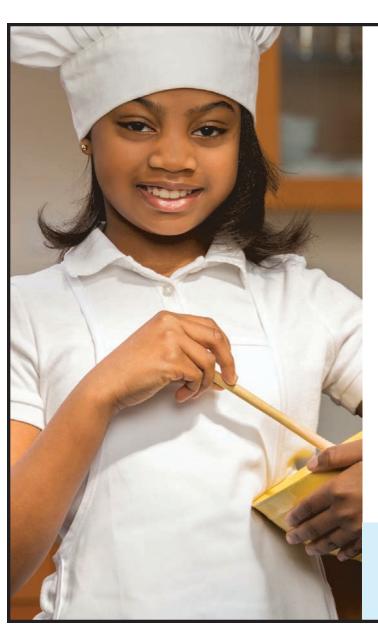
After a short break, Tan will return to California to prepare for the U.S. national and European competition season. Tan



Photo courtesy of D. Deguzman

Lance Tan poses with the medals he won during the Asian Cadet Circuit Tournament in the Philippines.

currently trains at Golubitsky Fencing Center in Orange County, California, under coach Sergei Golubitsky, who is an Olympic silver medalist, three-time world champion, and five-time World Cup overall champion.





Sample the best cuisine and beverages from nearly 70 of Northeast Florida's most popular restaurants and wine vendors.

Sunday, October 22, 2017

7-9:30 p.m. • The Avenues Mall • Tickets \$70

a Feast to Warm Your Heart

For more information, including a list of all participating restaurants and to purchase your tickets, call 493-7738 or visit www.chscaringchefs.com





JACKSONVILLE



Mrs. C. Herman Terry
The Hill Family Foundation











MARSH LANDING **WOMEN'S SUMMER GOLF TEAM** TPC VALLEY

Marsh Landing Country Club women's summer golf team players Tina Shupe, Isobel Spink, Peggy Reale, Lorry McCamey and Linda Doran gather after losing in a hard-fought, semifinal match against TPC Valley at Jacksonville Golf & Country Club Tuesday, Aug. 15. The TPC Valley women's team ultimately won the summer team finals against Eagle Harbour.

Photo courtesy of Isobel Spink

THEME: THE 1970s CROSSWORD 14 17 18 22 20 19 23 30 35 40 48 55 61 65 67 70

dish **Our Best** Deal Ever!





Free Installation!

Call Today, Save 30%! 1-800-318-5121

for more information

© StatePoint Media

ACROSS

1. Private instructor 6. It's shining in "America the Beauti-

9. Not all 13. Lickety-split 14. Eyeball shape 15. Take a chance

16. Pull strings 17. *____ People's Democratic Republic 18. Not quite right

19. *Poison to members of Peoples Temple

21. *Olympic massacre location 23. Weary traveler's destination

24. Competently 25. Cha-____, dance

_ ex machina 30. Buddhist doctrine 35. Centers of activity

37. "Hey ... over here!" 39. Result of pitcher's

dominance 40. *Islamic Revolution locale

41. Romanov rulers 43. Deity, in Sanskrit

44. Singular of loci 46. Iranian coin 47. The sun, e.g.

48. Brain teaser 50. France's thirdlargest city

52. *Heavyweight champion 53. lce __

Middle 55. Short for detec57. *First U.S. space station 60. *Gregory Peck

horror film 64. Declare invalid 65. Be in the red

67. Blind alternative 68. Gaelic-speaking Celts

69. Neither 70. In accordance with law

71. Fencing weapon 72. Old-fashioned

73. Declaration of Independence, e.g.

DOWN

1. It needs to be

done good"

3. Hawaiian tuber 4. Pantheon and Jefferson's Rotunda windows

5. Put behind bars 6. Auctioneer's final word 7. *Unsuccessful

amendment to Constitution, acr. 8. Manhattan Project invention

9. Big rig 10. Like ear infection 11. Pit at a concert

12. Lt.'s subordinate 15. India's national

tree 20. All thumbs

22. Final, abbr. 24. Goes after

25. *Pinochet's home



Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

26. Great lake 27. Primitive calcula-

29. *Kabul invader 31. Show of agreement, pl.

32. Kappa Alpha

33. One to beat 34. *Pong manufacturer

36. Like a bug in a 38. Cafeteria holder

42. Three-toed tree dweller 45. S on garment, pl.

leader

49. Turkish military

51. Goad or provoke

54. Jet black 56. Like apple

prepped for cooking

57. Ginger cookie 58. Proposal joint

59. Eggnog time 60. Seaside bird

61. New Testament sages

62. *Record label of The Jacksons and ABBA

63. Post-deductions amount

64. "This is the dawning of the _

Aquarius" 66. Go a-courting

CLASSIFIED 53

onte Vedra

Private Party Line Rates

- \$14.00 1 week \$23.00 2 weeks
- \$31.00 3 weeks \$37.50 4 weeks Add lines \$2.15 each

(Couches, TV's, Beds, Household Items, Etc.)

Commercial Line Rates

- \$22.50 1 week \$39.00 2 weeks
- \$55.50 3 weeks \$70.00 4 weeks Add lines \$2.15 each

(Animals, Cars, Renting or Selling a Home or to Advertise Your Business or Services)

CLASSIFIED RATES 2017

All Line Ads are 4 lines. 20 to 25 Characters Per Line. *Additional Lines Can be Purchased *All Rates Are NET

content. Ads are subject to approval by the Publisher. **Business & Worship Directory**

Message to Advertisers: All ads are non-refundable. Please check your ad copy the first week of publication. We will only apply credit

for the first run and credits are subject to approval by the Publisher. If ad is cancelled prior to first insertion, cancellation must be made by the classified deadline

of Wednesday by 3pm. Ads must comply with Federal, State or local laws. We are not responsible for ad

1.5 x 2 \$55.00/month 1.5 x 4 \$96.52/month 1.5 x 6 \$149.52/month

Rate Guide for: The Recorder

Employment Spotlight/Real Estate

1x2 (2"x2") \$40.50/1 wk • \$70.00/2 wks. • \$100/3 wks. 1x3 (2"x3") \$61.50/1 wk. • \$112.00/2 wks. • \$150.00/3 wks. 2x2 (4"x2") \$82.00/1 wk. • \$153.00/2 wks. • \$200.00/3 wks. 2x3 (4"x3") \$123.00/1 wk. •\$225/2 wks. • \$300/3 wks.

www.pontevedrarecorder.com

CLASSIFIED LINER DEADLINE MONDAY NOON

904-686-3937

CLASSIFIED DISPLAY DEADLINE **FRIDAY 5PM**

904-285-7232



Financial

Funerals can be very expensive.Can your loved ones afford it?
Protect them with Final Expense Insurance. Call today to learn more: 855-900-3270

Health Service/

GET YOUR MEDICAL MARIJUANA
Card Today! For *Cancer, *PTSD,
*HIV, *AIDS, *Parkinson, *Epilep-*Multiple Sclerosis, and other conditions. For free evaluation call today! 1(844)-766-6734 certif

Health Service/

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-370-4824!

Lung Cancer? 60 or Older? If So. You Lung Cancer? 60 or Older? IT So, You and Your Family may Be Entitled To A Significant Cash Award. Call 855-839-6761 To Learn More. No Risk, No Money Out of Pocket

Health Service/

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-671-9104

VISA

Viagra!! 52 Pills for Only \$99.00. Your #1 trusted provider for 10 years. Insured and Guaranteed Delivery. Call today 1-888-403-8602

Thinking of Advertising in the Recorder?

For more information call (904) 285-8831 to speak with a Sales Rep. today!

Legal Service

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-860-6175 to start your application today!

Satellite Sales & Service

DISH NETWORK. TV for Less, Not Less TV! FREE DVR. FREE Install (up 6 rooms.) \$49.99/mo. PLUS Hi-Speed Internet (where available.) 1-844-341-2649

Hi-Speed Internet Comcast -\$29.99/mo (for 12 mos.) No term agreement. Fast Downloads! PLUS Ask About TV (140 Channels) Internet Bundle for \$79.99/mo (for 12 mos.) CALL 1-866-204-0475,

FAST Internet! HughesNet Satellite Internet. High-Speed. Avail Anywhere Speeds to 15 mbps. Starting at \$59.99/mo.
Call for Limited Time Price 1-800-958-6917

Cut the Cable! CALL DIRECTV Bundle & Save! Over 145 Channels PLUS Genie HD-DVR. \$50/month for 2 Years (with AT&T Wireless.) Call for Other Great Offers! 1-800-769-1035

Satellite Sales

Spectrum Triple Play. TV, Internel & Voice for \$29.99 ea. 60 MB per second speed. No contract or commitment. We buy your existing contract up to \$500! 1-800-348-7941

FAST Internet! HughesNet Satellite Internet. High-Speed. Avail Anywhere. Speeds to 15 mbps. Starting at \$59.99/mo. Call for Limited Time Price 1-800-958-6917



Medical Supplies

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace at little or NO cost to you.

Medicare Patients Call Health Hotline Now! 1-800-752-2108

Stop OVERPAYING for your prescriptions! SAVE! Call

our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! 1-800-749-6515 Pron Promo CDC201625

Portable Oxygen Concentrator
May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. information kit! 855-397-7056

Recorder **CLASSIFIEDS**

THE SOURCE MOST RELIED ON FOR INFORMATION **ABOUT FURNITURE** AND HOME **FURNISHINGS!**

1102 A1A N., Unit 108 Ponte Vedra Beach, FL 32082 904.285.8831

iedmariiuanadoctors.com

Advertising Networks of Florida

Reach Over 5 Million Readers with Newspaper Advertising

Education

AVIATION Grads work with JetBlue, United, Delta and others- start here with hands on training for FAA certification. Financial aid if qualified. Call Aviation Institute of Maintenance 888-242-2649.

Miscellaneous

Livelinks is the best chatline for meeting real, fun-loving singles. Call 855-334-7726 and make a real connection.

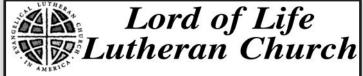
904.579.2154

community church

New Service Times: 8:15am, 9:45am and 11:15am 211 Davis Park (Beside Davis Park & PV High School)

www.crosswaterchurch.net

824.9800



276 N. Roscoe Blvd. (904) 285-5347 • LordofLife2@juno.com www.LordofLifePVB.org

Rev. Kerry Hinkley, Interim Pastor 9:45 Communion Worship (Worship temporarily in Pavillion)

CHETS CREEK CHURCH

To advertise in the

Worship Directory

call April at 904-686-3937

- at Nocatee -

Meeting at Valley Ridge Academy

105 Greenleaf Drive Ponte Vedra, FL 32081

SUNDAY SERVICES AND LIFEGROUPS 9:30 AND 11:00AM

CHETSCREEK.COM • 904.223.5954



SAVE ON YOUR NEXT
ALL INCLUSIVE RESORT PACKAGE
Call us today or visit us online
1-877-270-7260
NCP Travel.com

CRUISE PLANNERS

Dental Insurance



- Helps cover 350+ procedures from cleanings to dentures
- Go to any dentist you want
- No deductible, no annual maximum

Get your FREE Information Kit

Call Physicians Mutual Insurance Company

1-800-815-3323







The Classifieds

measuring up to your expectations one ad at a time.

Are you searching for a better job or a more reliable car? Have you outgrown your apartment? Are you looking to get rid of that old couch and chair sitting in your garage? Whether you're buying or selling, the classifieds has it all. From automobiles and employment to real estate and household goods, you'll find everything you need in the classifieds.

Put the classifieds to work for you, and inch even closer to your goals.



1102 A1A N., Unit 108 • Ponte Vedra Beach, FL 32082 904.285.8831

subscribe Today

call us TODAY

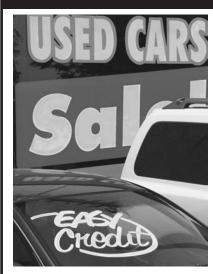


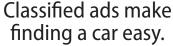
1102 A1A N., Unit 108
Ponte Vedra Beach, FL 32082
904.285.8831

CLASSIFIED DEADLINE

Monday 12:00 p.m.

BUY IT. SELL IT. FIND IT.







Classified ads are great for finding those perfect pets.



Classified ads put home-seekers on solid ground.

Classified ads can get you electronics.



Classified ads making finding a job practically no work at all.

No matter what it is, you can always buy it, sell it or find it with Classified ads. For information or to place an ad call 904-285-8831



Not your average newspaper, not your average reader



Help Wanted Full-Time

\$\$HELP WANTED\$\$\$

Earn Extra income assembling CD cases from Home.
CALL OUR LIVE OPERATORS NOW!
1-800-405-7619 Ext 320
www.easywork-greatpay.com

Help Wanted Full-Time

Alquiler De Utero \$25,000.00 y más par Manutencion Ayudanos, No Podemos Tener Hijos. Llama a Nuestra Abogada. 561-674-6857 Fl. Bar #307084

Medical Help Wanted

SURROGATE MOTHER NEEDED

To Carry Our Baby! Generous Compensation and Expenses Paid. Call Attorney Charlotte Danciu 1-800-395-5449 www.adoption-surr ogacy.com FL Bar #307084

TRANSPORTATION

Miscellaneous

Become a published author!
Publications sold at all major secular
& specialty Christian bookstores.
CALL Christian Faith Publishing for
your FREE author submission kit.
1-844-506-6434

Miscellaneous

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-800-902-7815

VIAGRA #1 VIAGRA 100MG/ CIALIS 20mg. 52 Pills, only \$99.00! No hassle, Discreet Shipping. Save Now. Call Today. 1-800-224-0792

SUPPORT our service members, veterans and their families in their time of need. For more information visit the Fisher House website at www.fisherhouse.org.

Miscellaneous

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-671-9104

Canada Drug Center es tu mejor opcion para ordenar medicamentos seguros y economicos. Nuestros servicios de farmacia con licencia Canadiense e Internacional te proveeran con ahorros de hasta el 90 en todas las medicinas que necesites. Llama ahora al 1-800-261-2368 y obten \$10 de descuento con tu primer orden ademas de envio gratuito, cof

Miscellaneous

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-831-6309

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 855-404-2263 or http://www.dental 50plus.com/cpf Ad# 6118



To inquire about placing an ad in this section, call 579-2154

CARS/TRUCKS WANTED!!! All Make/Models 2000-2015! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330

25 DRIVER TRAINEES NEEDED NOW! Earn \$1000 per week! Paid CDL Training! STEVENS TRANSPORT COVERS ALL COSTS! 1-877-209-1309 drive4stevens.com

AIRLINE MECHANIC TRAINING - Get FAA certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 888-686-1704

VIAGRA 100MG and CIALIS 20mg! 50 Pills + 10 FREE. SPECIAL \$99.00 100% guaranteed. FREE Shipping! 24/7 CALL: 1-888-868-9758 Hablamos Espanol.

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150 FREE shipping. NO prescriptions needed. Money back quaranteed! 1-888-278-6168

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 888-623-3036 or http://www.dental50plus.com/58 Ad# 6118

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-558-7482

Lung Cancer? And 60+ Years Old? If So, You And Your Family May Be Entitled To A Significant Cash Award. Call 877-648-6308 To Learn More. No Risk. No Money Out Of Pocket.

Owe the IRS? You May qualify for Relief today! Stop Bank Levy's & Wage Garnishments. M-T 8-8pm, F 8-6pm, and Sat 9-5pm CST Espanol Available, Free consultation. Not Valid in MN, WV & ND Call NOW 1-800-214-1903

SENIOR LIVING referral service, A PLACE FOR MOM. The nation's largest FREE, no obligation senior living referral service. Contact our trusted local experts today! 1-800-217-3942

CASH FOR CARS: We Buy Any Condition Vehicle, 2000 and Newer. Nation's Top Car Buyer! Free Towing From Anywhere! Call Now: 1-800-864-5960.

CASH PAID for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. HIGHEST PRICES! Call 1-888-776-7771. www.Cash4DiabeticSupplies.com

Social Security Disability? Up to \$2,671/mo. (Based on paid-in amount.) FREE evaluation! Call Bill Gordon & Associates. 1-855-376-6502. Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL., member TX/NM Bar.

Dish Network–Satellite Television Services. Now Over 190 channels for ONLY \$49.99/mo! HBO-FREE for one year, FREE Installation, FREE Streaming, FREE HD. Add Internet for \$14.95 a month. 1–800–718–1593

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447 18+

WANTED OLD JAPANESE MOTORCYCLES KAWASAKI Z1-900 (1972-75), KZ900, KZ1000 (1976-1982), Z1R, KZ 1000MK2 (1979,80), W1-650, H1-500 (1969-72), H2-750 (1972-1975), S1-250, S2-350, S3-400, KH250, KH400, SUZUKI-GS400, GT380, HONDA-CB750K (1969-1976), CBX1000 (1979,80) CASH!! 1-800-772-1142 1-310-721-0726 usa@classicrunners.com

ALL INCLUSIVE RESORT packages at Sandals, Dreams, Secrets, Riu, Barcelo, Occidental and many more. Punta Cana, Mexico, Jamaica and many of the Caribbean islands. Search available options for 2017/2018 at www. NCPtravel.com or call 877–270–7260.

Cash for unexpired DIABETIC TEST STRIPS! Free Shipping, Best Prices & 24 hr payment! Call 1-855-440-4001 www.TestStripSearch.com. Habla Espanol.

SUPPORT our service members, veterans and their families in their time of need. For more information visit the Fisher House website at www.fisherhouse.org

REACH 20 MILLION HOMES NATIONWIDE WITH ONE BUY!





904-724-3511
6833 Beach Boulevard
www.beachblvdautomotive.com
'List prices plus P.D.I State & local taxes, tag, registration fee & title fees

The **KING** of Family Owned and Operated Dealers in Jacksonville Since 1967

Norwalk Furniture
40% Off
Now Through September 11th
Agnes Agatha Home
8081 Philips Hvy. Jacksonville, Florida 32256
904-24-9-57-49
(discount taken off MSRP)